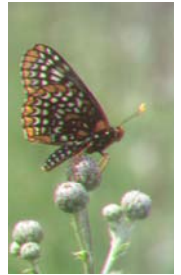


Cape May Bird Observatory, 600 Rt. 47 N., Cape May Courthouse, NJ 08210
OR: Visit or Call any of our 9 staffed nature centers listed at the end of this document.



Recommended Plantings to Attract Hummingbirds, Butterflies, & Moths

by Patricia Sutton



www.njaudubon.org

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FLOWERS: PERENNIALS & ANNUALS

Common Name	Botanical Name	B/H	CC	Origin	A/P/*	Time	S/sh	Color
Aster, New England	<i>Aster novae-angliae</i>	B	CC	NJ	P	2-4	S	purple
Asters	<i>Aster</i> spp.	B	CC	NA, C	P	2-3	S	Pink, purple, others
Anise Hyssop	<i>Agastache foeniculum</i>	B	CC	NA	P	2-3	S	purple
Bee Balm / Monarda								
Bee Balm	<i>Monarda didyma</i>	H,B	CC	NJ, C	P	2	S/sh	purple, red, white
Wild Bergamot	<i>Monarda fistulosa</i>	H,B	CC	NJ	P	2	S/sh	pale pink
Horsemint	<i>Monarda punctata</i>	H,B		NJ	P	2	S/sh	pale yellow w/purple
Begonia	<i>Begonia</i>	H		Alien	A	2-3	S/sh	# colors
Blanketflower	<i>Gaillardia pulchella</i>	B		NA	P	2-4	S	red w/yellow
Bleeding Heart	<i>Dicentra eximia</i>	H		NJ	P	1-2	S/sh	pink
Bleeding Heart	<i>Dicentra spectabilis</i>	H		Alien	P	1	S/sh	pink, white
Boltonia / "Snow Bank"	<i>Boltonia asteroides</i>	B		NJ	P	2-3	S	white
Boneset	<i>Eupatorium perfoliatum</i>	B	CC	NJ	P	2-3	S	white
Blazing Star / Gayfeather	<i>Liatris spicata</i> , <i>L. graminifolia</i> , <i>L. scariosa</i>	B		NJ	P	2-3	S	purple
Blazing Star / Gayfeather	<i>Liatris squarrosa</i> , <i>L. aspera</i>	B		NA	P	2-3	S	purple
Butterfly Weed	<i>Asclepias tuberosa</i>	B	CC	NJ	P	2-3	S	orange
Canna	<i>Canna</i> spp.	H		Alien	A/P	2-3	S	red
Cardinal Flower	<i>Lobelia cardinalis</i>	H,B	CC	NJ	P	2-3	S/sh	red
Clover	<i>Trifolium</i> spp.	B		Alien	A/P	1-3	S	white, pine, red
Columbine, Wild	<i>Aquilegia canadensis</i>	H	CC	NJ	P	1-2	S/sh	red w/yellow
Coral-bells	<i>Heuchera</i> spp.	H	CC	NA	P	1-2	S/sh	pink, coral
Coreopsis, Lance-leaved	<i>Coreopsis lanceolata</i>	B		NA	P	1-2	S	yellow
Cosmos	<i>Cosmos bipinnatus</i>	B		Alien	A*	2-3	S	# colors
Crocoshmia	<i>Iridaceae</i> spp.	H	CC	Alien	P	2	S	red
Daisies	<i>Chrysanthemum</i> , others	B		Alien	P	2-3	S	white
Dandelion	<i>Taraxacum officinale</i>	B		Alien	P	1-3	S	yellow
Delphinium / Larkspur	<i>Delphinium</i> spp.	H,B		Alien	P	1-3	S	# colors

Common Name	Botanical Name	B/H	CC	Origin	A/P/*	Time	S/sh	Color
Flowering Tobacco	<i>Nicotiana glauca</i>	H		Alien	A/P*	2	S	white, red, pink
Four O'Clock	<i>Mirabilis jalapa</i>	H		Alien	A/P*	2-3	S/sh	# colors
Foxglove	<i>Digitalis</i> spp.	H	CC	Alien	P/B*	2-3	S/sh	# colors
Fuchsia	<i>Fuchsia</i> spp.	H	CC	Alien	TS	1-3	S/sh	# colors
Geranium, Wild	<i>Geranium maculatum</i>	H,B		NJ	P	1-2	S/sh	pink
Geranium	<i>Geranium</i> spp.	H		Alien	A/P	2-3	S	# colors
Globe Amaranth	<i>Gomphrena globosa</i>	B	CC	Alien	A*	2-4	S	# colors
Globe Thistle	<i>Echinops ritro</i>	B		Alien	P	2-3	S	blue
Goldenrod, Seaside	<i>Solidago sempervirens</i>	B	CC	NJ	P	2-4	S	yellow
Goldenrod	<i>Solidago</i> spp.	B		NJ	P	2-3	S	yellow
Heliotrope	<i>Heliotropium arborescens</i>	B	CC	Alien	TP	2-3	S	purple
Hollyhock, Old Fashion/Single	<i>Althaea rosea</i>	B		Alien	P*	2	S	# colors
Impatiens	<i>Impatiens</i> spp.	H,B		Alien	A	2-3	sh	# colors
Ironweed, New York	<i>Vernonia noveboracensis</i>	B		NJ	P	2-3	S	purple
Jewelweed / Touch-Me-Not	<i>Impatiens capensis</i>	H	CC	NJ	A*	2-3	sh	orange
Joe-pye-weed	<i>Eupatorium purpureum</i>	B	CC	NJ	P	2-3	S	pink
Lantana	<i>Lantana camara</i>	B	CC	NA	TS	1-4	S	yellow, orange, red
Lantana, Weeping	<i>Lantana montevidensis</i>	B	CC	Alien	TS	1-4	S/sh	pale purple
Lily (Tiger, Day, Oriental)	<i>Lilium</i> spp.	H,B		Alien	P	2	S/sh	# colors
Lily, Turk's Cap	<i>Hemerocallis fulva</i>	H,B		NJ	P	2	S/sh	# colors
Lobelia, Great Blue	<i>Lobelia siphilitica</i>	H,B		NJ	P	2-3	S/sh	Blue
Lobelias	<i>Lobelia</i> spp.	H,B		NA, C	P	2-3	S/sh	# colors
Lupine	<i>Lupinus</i> spp.	H		NA	P	1-3	S	purple, # colors
Mallow, Swamp Rose	<i>Hibiscus palustris</i>	H,B		NJ	P	3-4	S	Pink, white
Mallows	<i>Hibiscus</i> spp.	H,B		Alien	P	2	S	white, pink
Marigolds	<i>Tagetes</i> spp.	B		Alien	A	2-4	S	# colors
Mexican Sunflower	<i>Tithonia rotundifolia</i>	H,B	CC	Alien	A*	2-4	S	orange w/yellow centers
Milkweeds:								
Butterfly Weed	<i>Asclepias tuberosa</i>	B	CC	NJ	P	2-3	S	orange, yellow
Common Milkweed	<i>Asclepias syriaca</i>	H,B	CC	NJ	P	2-3	S	pink
Swamp Milkweed	<i>Asclepias incarnata</i>	B	CC	NJ	P	2-3	S	pink
Tropical Milkweed / Bloodflower	<i>Asclepias curassavica</i>	B	CC	Alien	A*	2-3	S	red
Mint, Mountain	<i>Pycnanthemum muticum</i>	B	CC	NJ	P	2-3	S	white
Mints	<i>Mentha</i> spp.	H,B		Alien	P	2-3	S/sh	white
Mistflower / Hardy Ageratum	<i>Eupatorium coelestinum</i>	B	CC	NJ	P	3-4	S/sh	lavendar-blue
Nasturtiums	<i>Tropaeolum majus</i>	H		Alien	A	2-3	S	# colors
Obedient Plant	<i>Physostegia</i> spp.	H		NA	P	2-3	S/sh	white, pink
Oregano	<i>Origanum</i> spp.	B		Alien	P	2-3	S	pale lavender

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NEW JERSEY
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Common Name	Botanical Name	B/H	CC	Origin	A/P/*	Time	S/sh	Color
Foxglove Beard Tongue	<i>Penstemon digitalis</i>	H		NJ	P	1-2	S/sh	white
Penstemon / Beard Tongue	<i>Penstemon</i> spp.	H		Alien	P	2	S/sh	# colors
Pentas / Egyptian Star Clusters	<i>Pentas lanceolata</i>	H,B	CC	Alien	TS	1-4	S/sh	# colors
Petunias	<i>Petunia</i> spp.	H		Alien	A	2-3	S/sh	# colors
Phlox	<i>Phlox paniculata</i>	H,B		NJ	P	2-4	S/sh	magenta-pink
Phlox	<i>Phlox</i> spp.	H,B		NA, C	P	2-4	S/sh	# colors
Pickernelweed (in PONDS)	<i>Pontederia cordata</i>	B	CC	NJ	P	2-3	S/sh	purple
Pinks	<i>Dianthus deltoides</i>	H,B		Alien	P/B	1-4	S	# colors
Purple Coneflower	<i>Echinacea purpurea</i>	B	CC	NA	P	2-4	S	pink
Queen Anne's Lace	<i>Daucus carota</i>	B		Alien	P	1-3	S	white
Red-hot Poker / Torch Flower	<i>Kniphofia uvaria</i>	H		Alien	P	2-3	S	orange-red
Scabiosa / Pincushion Flower	<i>Scabiosa columbaria</i>	B		Alien	P	2-4	S	blue, pink
Sage, Autumn	<i>Salvia greggii</i>	H	CC	NA	TP	3-4	S	red, purple, pink
Sage, Lyre-leaved	<i>Salvia lyrata</i>	H		NJ	P	2-3	S/sh	violet
Sage, Pineapple	<i>Salvia elegans</i>	H	CC	Alien	TP	3-4	S	red
Sage, Tropical / Texas Sage	<i>Salvia coccinea</i>	H	CC	Alien	A*	2-4	S	red
Scarlet Gilia / Standing Cypress	<i>Ipomopsis rubra</i>	H		NA	P/B	2	S	red
Sedum	<i>Sedum spectabile</i>	B	CC	Alien	P	2-3	S/sh	pink
Thyme	<i>Thymus</i> spp.	B		Alien	P	2-3	S	pink, white, purple
Turtlehead	<i>Chelone glabra</i>	H		NJ	P	2-3	S/sh	white
Turtlehead, Pink	<i>Chelone lyonii</i>	H		NA, C	P	2-3	S/sh	pink
Brazilian Vervain	<i>Verbena bonariensis</i>	B	CC	Alien	TP*	2-4	S	purple
Verbena	<i>Verbena</i> "Sissinghurst"	B		Alien	P	2-3	S	rich pink
Zinnia	<i>Zinnia elegans</i>	H,B	CC	Alien	A	2-4	S	# colors

FLOWERING VINES

Common Name	Botanical Name	B/H	CC	Origin	A/P/*	Time	S/sh	Color
Cardinal Climber	<i>Ipomoea x multifida</i>	H	CC	Alien	A	2-3	S	red
Cypress Vine	<i>Ipomoea quamoclit</i>	H	CC	Alien	A	2-3	S	red
Climbing Hempweed/Boneset	<i>Mikania scandens</i>	B		NJ	P	2	S	white
Japanese Honeysuckle (special note next page)	<i>Lonicera japonica</i>	H	CC	Alien	P	1-2	S/sh	creamy yellow
Morning Glory	<i>Ipomoea</i> spp	H		Alien	A	2-4	S	blue, # colors
Scarlet Runner Bean	<i>Phaseolus coccineus</i>	H		Alien	A*	2-3	S	red
Sweet Pea	<i>Lathyrus odoratus</i>	B		Alien	A*	2-3	S	# colors
Everlasting Pea	<i>Lathyrus latifolius</i>	B		Alien	P	2-3	S	pink
Trumpet Creeper or Vine	<i>Campsis radicans</i>	H,B	CC	NJ	P	2-3	S	red/orange
Trumpet (Coral) Honeysuckle	<i>Lonicera sempervirens</i>	H	CC	NJ	P	1-4	S	red

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FLOWERING SHRUBS

Common Name	Botanical Name	B/H	CC	Origin	Time	S/sh	Color
Abelia, Glossy	<i>Abelia grandiflora</i>	H,B		Alien	2-4	S	white
Azalea, Pink	<i>Rhododendron nudiflorum</i>	H		NJ	1	S/sh	pink
Azalea, Swamp	<i>Rhododendron viscosum</i>	H		NJ	1	S/sh	white
Azaleas	<i>Rhododendron</i> spp.	H		C, Alien	1	S/sh	# colors
Beach Plum	<i>Prunus maritima</i>	B		NJ	1	S	white
Blueberries	<i>Vaccinium</i> spp.	H		NJ,C	1-2	S/sh	white
Blue Mist	<i>Caryopteris incana</i>	B		Alien	2-3	S	blue-purple
Butterfly Bush	<i>Buddleia davidii</i>	H,B	CC	Alien	2-4	S	# colors
Butterfly Bush, Fountain	<i>Buddleia alternifolia</i>	H,B	CC	Alien	1	S	lavendar
Buttonbush	<i>Cephalanthus occidentalis</i>	H,B		NJ	2-3	S/sh	white
Huckleberry	<i>Gaylussacia baccata</i> , <i>G. dumosa</i>	B		NJ	1	S/sh	white
Lilac	<i>Syringa vulgaris</i>	H,B		Alien	1	S	purple, white
New Jersey Tea	<i>Ceanothus americanus</i>	H,B		NJ	1	S	white
Quince, Flowering	<i>Chaenomeles japonica</i>	H		Alien	1	S/sh	red
Rose of Sharon	<i>Hibiscus syriacus</i>	H,B		Alien	2-3	S/sh	pink, # colors
Sand Myrtle	<i>Leiophyllum buxifolium</i>	B	CC	NJ	1	S	white
Sweet Pepperbush	<i>Clethra alnifolia</i>	B		NJ	2	S	white

FLOWERING TREES

Common Name	Botanical Name	B/H	CC	Origin	Time	S/sh	Color
Black Locust	<i>Robinia pseudoacacia</i>	H		NJ	1	S	white
Mimosa / Silk Tree	<i>Albizia julibrissin</i>	H,B	CC	Alien	2	S	pink
Pear (fruits of)	<i>Pyrus</i> spp.	B	CC	Alien	3	S/sh	rotten fruit
Red Maple	<i>Acer rubrum</i>	B	CC	NJ	1		
(In the spring, when little else is in bloom a number of butterflies survive by nectaring on Red Maple blooms)							
Tulip Tree / Yellow Poplar	<i>Liriodendron tulipifera</i>	H		NJ	1	S	cream

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MISSING FROM THIS LIST FOR GOOD REASON

You have probably found Black-eyed Susan (*Rudbeckia hirta*) and Yarrow (*Achillea millefolium*) on many lists noting good nectar sources for butterflies. We've found them to be little used, if at all. They are nice filler, but do not count on them to draw in many butterflies. Songbirds do enjoy the seed heads of Black-eyed Susans after they've bloomed.

Some plants are HIGHLY INVASIVE and should not be planted. Purple Loosestrife falls into this category. Please do not contribute to the widespread problem being faced throughout the Northeast by planting this perennial in your garden. It finds its way into nearby natural wetlands and crowds out native vegetation, even when "falsely" sold as a sterile plant.

ADDITIONAL COMMENTS ON INVASIVE PLANTS

This list includes some plants that are invasive elsewhere (including Lantana, Mimosa, and Butterfly Bush), but here they do not appear to be a serious problem, apparently because they can not survive, or at least do not thrive, with our cold winters.

Japanese Honeysuckle: You may be intrigued or confused by the inclusion of other plants on this list, like Japanese Honeysuckle which is invasive. Although this non-native is not something you want to seek out and plant, we all have it already somewhere in our neighborhoods. It is "Chocolate Cake" to hummingbirds when in bloom. Hence, it is included in this list to enlighten you; when Japanese Honeysuckle is in bloom, hummingbirds ignore nearly all other nectar sources, including our feeders.

RECOMMENDED Caterpillar Foodplants (also known as HOST PLANTS) to benefit some butterflies and moths:

These are some of the many plants sought by adult butterflies and moths for egg laying. They are necessary to create the next generation of adult butterflies or moths. You may already have a number of them in your yard or neighborhood. You may wish to plant or encourage others.

HERBACEOUS PLANTS:

PERENNIALS & ANNUALS

Aster	Pearl Crescent, Woolly Bear (Isabella Tiger Moth)
Bean (green, yellow)	E. Tailed Blue, Silver-spotted Skipper, sulphurs
Carrot/Queen Anne's Lace	Black Swallowtail
Clover	E. Tailed Blue, sulphurs, skippers
Columbine	Columbine Duskywing
Dill	Black Swallowtail
Dock, Curled	American Copper
Everlasting, Pearly	American Lady
Everlasting, Sweet	American Lady
Fennel (Bronze, Green)	Black Swallowtail
Gerardia, Purple	Common Buckeye
Globe Thistle	Painted Lady
Indigo, Wild (<i>Baptisia</i> spp.)	Wild Indigo Duskywing, Frosted Elfin
Lamb's Quarters	Hayhurst's Scallopwing, Common Sootywing
Lupine	Frosted Elfin
Milkweed (Common, Butterfly Weed, Scarlet, & Swamp)	Monarch
Nasturtium	Cabbage White
Nettles	Red Admiral, E. Comma, Question Mark
Parsley	Black Swallowtail
Partridge Pea	Cloudless Sulphur, Little Sulfur
Plantain	Common Buckeye
Pussytoes	American Lady
Rue	Black Swallowtail
Sorrel, Sheep	American Copper
Thistle	Painted Lady
Toadflax	Common Buckeye
Tomato	Five-spotted Hawk Moth (Tomato Hornworm), Carolina Sphinx (Tobacco Hornworm)
Turtlehead (white)	Baltimore Checkerspot
Violets	fritillaries

GRASSES AND SEDGES

Grasses	Little Wood Satyr, Common Wood Nymph, # different skippers, Woolly Bear (Isabella Tiger Moth)
Grass, Crab	Fiery Skipper, Sachem
Grass, Little Bluestem	Common Wood-nymph, at least 6 skippers
Grass, Panic (esp. Switchgrass)	Northern Broken-dash, Tawny-edged Skipper
Phragmites	Broad-winged Skipper
Sedges	# different skippers, Appalachian Brown

VINES

Dutchman's Pipe	Pipevine Swallowtail
Honeysuckle	Hummingbird Clearwing, Snowberry Clearwing (moths)
Hops / Common Hop Vine	Question Mark, E. Comma, Red Admiral
Virginia Creeper	Pandorus Sphinx, Lettered Sphinx, Hog Sphinx

SHRUBS

Bayberry	Luna Moth
Beach Plum	Cecropia Moth
Blueberry	Brown Elfin, Spring Azure, Striped Hairstreak
Dogwood (Gray, Silky, Red Osier)	Summer Azure
Elderberry	Cecropia Moth
Indigo, False (<i>Amorpha fruticosa</i>)	Silver-spotted Skipper, Hoary Edge, Gray Hairstreak
Spicebush	Spicebush Swallowtail
Sumac (Winged or Dwarf, Staghorn)	Red-banded Hairstreak, Spring Azure, Royal Walnut Moth
Viburnum, Arrowwood <i>V. dentatum</i>	Hummingbird Clearwing (moth)

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RECOMMENDED Caterpillar Foodplants, (Continued)

TREES

Dogwood, Flowering	Spring Azure
Hackberry, Common and Dwarf	Question Mark, E. Comma, Hackberry Emperor, Tawny Emperor, American Snout
Holly, American	Henry's Elfin, Spring Azure
Locust	Silver-spotted Skipper, Zarucco Duskywing
Magnolia, Sweetbay	E. Tiger Swallowtail
Oak, Scrub	Sleepy Duskywing
Oak spp.	Banded Hairstreak, Striped Hairstreak, White M Hairstreak, 'Northern' Oak Hairstreak, Juvenal's Duskywing, Horace's Duskywing
Persimmon	Luna Moth
Red Cedar	'Olive' Juniper Hairstreak, Imperial Moth
Sassafras	Spicebush Swallowtail, Imperial Moth, Io Moth
Sweet Gum	Royal Walnut Moth, Luna Moth
Tulip Tree / Yellow Poplar	E. Tiger Swallowtail, Spicebush Swallowtail, Promethea Moth
White Pine	E. Pine Elfin, Imperial Moth
Wild Black Cherry	E. Tiger Swallowtail, Coral Hairstreak, Striped Hairstreak, Red-spotted Purple, Cecropia Moth, Promethea Moth, & Hummingbird Clearwing (moth)
Willow	Mourning Cloak, Red-spotted Purple, Viceroy

NEW JERSEY AUDUBON STAFFED NATURE CENTERS

Weis Ecology Center
Ringwood, Passaic Co.
(973) 835-2160

Lorrimer Sanctuary
Franklin Lakes, Bergen Co.
(201) 891-2185

Scherman-Hoffman Wildlife Sanctuary
Bernardsville, Morris Co.
(908) 766-5787

Sandy Hook Bird Observatory
Fort Hancock, Monmouth Co.
(732) 872-2500

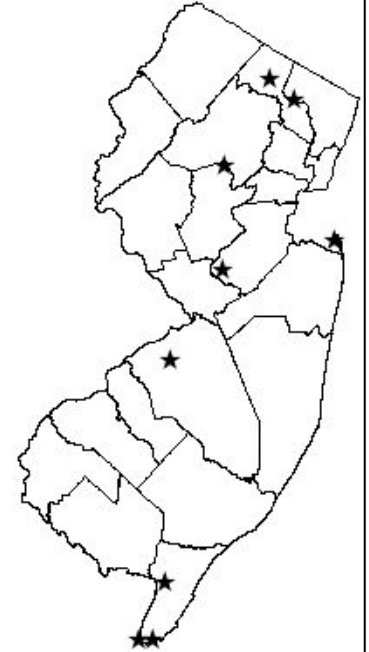
Plainsboro Preserve
Plainsboro, Middlesex Co.
(609) 897-9400

Rancocas Nature Center
Mount Holly, Burlington Co.
(609) 261-2495

**Cape May Bird Observatory:
Center for Research & Education**
Goshen, Cape May Co.
(609) 861-0700

**Cape May Bird Observatory:
Northwood Center**
Cape May Point, Cape May Co.
(609) 884 2736

Nature Center of Cape May
Cape May, Cape May Co.
(609) 898-8848



FOR MORE INFORMATION ON:

BACKYARD HABITAT

NJAS PROGRAMS

DIRECTIONS TO CENTERS

www.njaudubon.org

Comments on ORIGIN and CULTIVARS: Beware, some plants sold as "natives" (genus & species) are actually cultivars (often with an additional name in quotes) of native plants. Cultivars have been modified from the native source and may or may not retain original characteristics, including attractiveness to butterflies and hummingbirds. Many cultivars were developed for the human eye; that is they have many petals. Unfortunately this is often at the expense of the nectar hummingbirds, butterflies, and other insects need.

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