

Bicycling Directory of Pennsylvania

**A Listing of Bicycling Opportunities and Services
for the Commonwealth's Seven Regions**



BICYCLING DIRECTORY of PENNSYLVANIA

Prepared for:

Commonwealth of Pennsylvania

Ed Rendell

Governor

Allen D. Biehler

Secretary of Transportation

Pennsylvania Department of Transportation
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Pennsylvania Tourism Office

Designed by:

Pennsylvania Department of Transportation

Bicycling Directory of Pennsylvania

This directory is designed to provide a comprehensive listing of bicycling services and resources for both visitors and residents in Pennsylvania. Listing individuals and organizations have agreed to provide guidance, assistance and information regarding where to go, how to get there, and what to expect on a Pennsylvania cycling adventure.

For your convenience, the directory is divided into seven geographical regions (as depicted on the back cover):



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These regions are the same as those contained in the *Pennsylvania Travel Guide*. For more information on accommodations and additional sightseeing opportunities, obtain a copy of the Pennsylvania Travel Planner by calling 1-800-VISIT-PA or visit their Internet site at <http://www.visitPA.com>.

Pennsylvania Department of Transportation Sales Store (717) 787-6746

The Directory can be viewed in its entirety on the Pennsylvania Department of Transportation website: www.dot.state.pa.us under More Links click on Bicycle Information.

Comments or questions regarding the directory should be directed to:

Bureau of Highway Safety & Traffic Engineering
Pennsylvania Department of Transportation
P.O.Box 2047, Harrisburg, PA 17105-2047
Internet site: <http://www.dot.state.pa.us>

Happy Cycling!

SAFETY TIPS & CYCLISTS' RULES OF THE ROAD

(from *Bicycling Magazine*)



- **ALWAYS WEAR A HELMET** — Pennsylvania law requires all cyclists under age 12 to wear an approved bicycle helmet.
- **OBEY TRAFFIC LAWS** — Under Pennsylvania law you are a vehicle. Ride on the right. Stop at stop signs and red lights. Never ride against the flow of traffic.
- **BE PREDICTABLE** — Ride in a straight line, with at least one hand on the handlebars. Check to be sure your path is clear and change directions without swerving. Use hand signals to indicate that you are turning.
- **RIDE DEFENSIVELY** — Watch for doors to open on parked cars. Expect a car to pull out from a side street or turn left in front of you.
- **ASSERT YOURSELF** — Don't hug the curb. Don't be crowded off the road. You have a legal right to a lane. Take as much room as you need to feel safe.
- **MAKE YOURSELF VISIBLE** — Cycling clothes are bright; wear them! Put reflectors on your wheels and on the front and rear of your bike. At night use a headlight and an active red light and reflector on the rear of your bike.
- **MAINTAIN YOUR BIKE** — Carry a pump, a patch kit and a spare tube.
- **TAKE CARE OF YOURSELF** — Carry plenty of drinking water. Carry a snack for energy. Carry change - when all else fails, you can call for help. Bring your cell phone!

The listings in this directory are informational only and are provided as a service to the public. They are in no way an endorsement or recommendation of the events or entities listed, nor is it in any way intended that these listings constitute an exclusive representation of available activities or services.

If you are a full-service bicycle dealer (bicycle sales, maintenance, repair facilities, information distribution, and/or bicycle rentals available) and you wish to be included in this Directory, please provide your shop's name, full address and telephone number to: Bicycle/Pedestrian Section, Bureau of Highway Safety & Traffic Engineering, Pennsylvania Department of Transportation, P.O. Box 2047, Harrisburg, PA 17105.

Overview of Statewide Services

Statewide and Multi-Regional Bicycling Books

Pennsylvania Rail-Trail Guide • 10th edition 2005. T. Sexton, et al., Rails-to-Trails Conservancy, 2133 Market Street, Suite 222, Camp Hill, PA 17011, (717) 238-1717
<http://www.railstrails.org/index.html>

State Road Maps

Pennsylvania Atlas & Gazetteer • 9th edition 2006. DeLorme Mapping Company, 2 DeLorme Road, 298-5900, Yarmouth, ME 04032, (800) 227-1656 www.delorme.com

Publication 12 free list of maps available from PENNDOT • PENNDOT Distribution Services Unit, P.O. Box 2028, Harrisburg 17105, (717) 787-6746

Camping Information

Bureau of State Parks • (800) 72-PARKS (for information on camping in state parks)
<http://www.dcnr.state.pa.us/stateparks/>

Pennsylvania Campground Owners Association • PO Box 5, New Tripoli, PA 18066, (610) 767-5026 (for information on private campgrounds) www.pacam핑.com

Information on Rails-to-Trails

Rails-to-Trails Conservancy • 2133 Market Street, Suite 222, Camp Hill, PA 17011, (717) 238-1717 www.railstrails.org

Annual Cross-State Bike Tours

July **Pedal Pennsylvania** • Cross Pennsylvania from Pittsburgh to Philadelphia, 450+ miles. PO Box 385, Harleysville, 19438, (215) 520-5758
www.rivertoriver.org or www.pedalpa.com

August **Perimeter Ride Against Cancer** • Benefits Lehigh Valley Unit, American Cancer Society. Held every other year on the odd years. 500+ miles. 3893 Adler Place, Bethlehem, PA 18017, (610) 921-2329
<http://www.cancer.org/docroot/home/index.asp>

Amtrak Bicycle Policy

AMTRAK • (800) USA-RAIL. Bicycles permitted on trains with a check baggage car (usually only on trains traveling long distances) <http://www.amtrak.com>

Accommodations

AYH-Delaware Valley Council • 1205 Walnut Street, Philadelphia, 19107. (215) 925-6004, www.hiayh.org

PA Campground Owners Association • P.O. Box 5, New Tripoli, 18066. (610) 767-5026, www.pacam핑.com • To request a free campground directory call toll free (888) 660-7262.

Rest & Repast (B & B Directory) • (800) 262-2655, www.restandrepast.com

The PA Tourism and Lodging Association • 128 Walnut Street, Harrisburg, 17102. (717) 232-8880, www.patourism.org

BicyclePA Routes

BicyclePA routes are continuously being updated and expanded. For the most current and detailed information on these routes, go to the PENNDOT internet site at: www.dot.state.pa.us under the Bicycle Safety menu. BicyclePA routes were designed by experienced bicyclists to provide bicycling members of the traveling public who wish to traverse the state with a guide to some of the Commonwealth's highways and rail-trails. Few of these routes contain bike lanes or other facilities designed specifically for bicyclists traveling within the four corners of the Commonwealth. The Pennsylvania Department of Transportation cannot guarantee the safety of bicyclists as they access those roads and rail-trails. Every bicyclist is responsible for his or her personal safety and welfare and for remaining alert and mindful of conditions on the roads or trails. BicyclePA users are expected to be licensed drivers or persons at least sixteen years of age who have several years of road bicycling experience.

Route A: The route stretches 199 miles from Erie, PA to Greene County, PA, just north of Morgantown, WV. The northern half is generally flat while the southern half is gently rolling to hilly. The northern terminus connects to BicyclePA Route Z and the Seaway Trail.

Route E: Also known as the Pennsylvania segment of the East Coast Greenway, the current 52-mile long roadway based version takes the cyclist through the heart of Philadelphia. It will be shifted gradually to off-road facilities as they are developed. It's a convenient connection between Trenton, NJ and Wilmington, DE and connects with BicyclePA Route S along the Schuylkill Trail.

Route G: The route connects Tioga County, PA and the Corning, NY area in the north with Bedford County and the Cumberland, MD area on the south. The 235-mile long course follows numerous northeast-southwest trending stream valleys and is surprisingly flat. It offers a convenient connection to New York State Bike Route 17 on the north and the C&O Canal Towpath and the Allegheny Passage on the south. A highlight is the Grand Canyon of Pennsylvania in Tioga County.

Route J: Coursing through the Susquehanna River Valley for approximately half of its 220 mile length, this relatively flat route is the only one to pass through the state capital at Harrisburg. Other notable towns along the route are Sayre, Towanda, Williamsport, Milton, Sunbury, Selinsgrove, and York. From York, the route uses the York Heritage Trail, a rail-trail that runs to the Maryland border and continues to the Baltimore suburbs as the North Central Trail.

Route L: This route extends 225 miles from Susquehanna County in the north (just south of Binghamton, NY) to Chester County in the south (just north of Wilmington, DE). It manages to pass close to the major metropolitan areas of Scranton, Allentown, and Philadelphia, while retaining all of the rural charm that characterizes Pennsylvania.

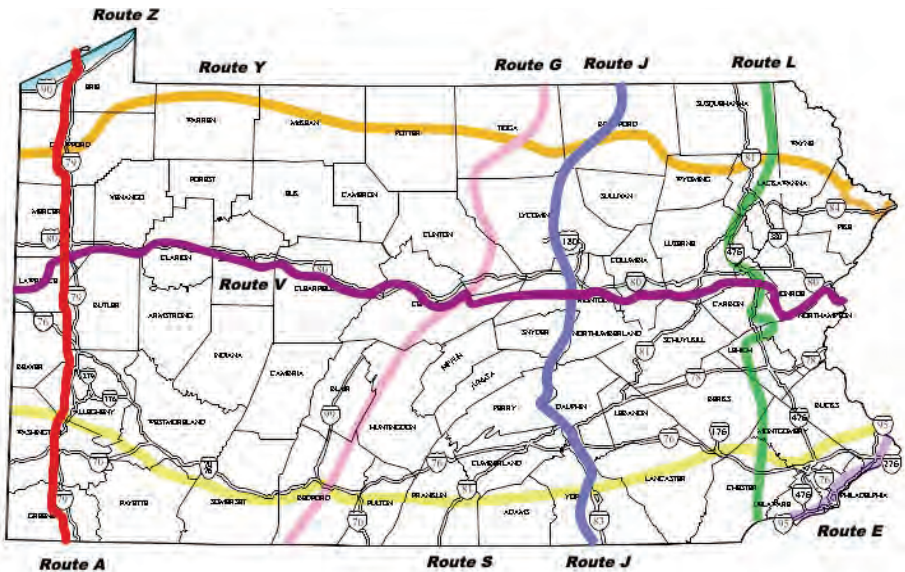
Route S: The longest BicyclePA Route, it extends 435 miles from Washington County (east of Wheeling, WV) to Washington Crossing Military Park on the Delaware River in Bucks County, and skirts the metropolitan areas of Pittsburgh, York, Lancaster, and Philadelphia. Part of the route includes 65 miles along the Youghiogheny River and Allegheny Highlands Rail-Trails through southwest Pennsylvania, a beautiful ride that saves thousands of vertical feet of steep climbing. A recently added attraction is the Pike-to-Bike Trail, an 8.5 mile long route option east of Breezewood. It incorporates an abandoned section of the Pennsylvania turnpike, including two tunnels totaling 2.0 miles in length. Bring your bicycle lights.

Route V: Roughly paralleling Interstate 80, Route V traverses the verdant hills of Central Pennsylvania and offers the most direct route across the state for those heading to the New York City metropolitan area. At 360 miles in length, it is also the shortest east-west crossing. The route passes close to the towns of New Castle, Grove City, Brookville, Dubois, Clearfield, Bellefonte, Lewisburg, Hazleton, and East Stroudsburg.

Route Y: The second longest route at 409 miles, it generally follows U.S. Route 6 through the deep forests of northern Pennsylvania. It offers access to Routes A and Z in the west and Route L in the east. It's often the choice for people cycling between Cleveland, Toledo, Detroit, or Chicago and the New York metropolitan area.

Route Z: The shortest BicyclePA route, it follows the Lake Erie shoreline for 46 miles, utilizing mostly Route 5. Connecting New York's Seaway Trail southeasterly to the Ohio border, it offers easy access to downtown Erie and Presque Isle State Park, which annually is the most visited state park in the nation.

BicyclePA Routes



1/2008 Stc bike trails.ppt

Travel Services

AAA has eight clubs across Pennsylvania which provide travel services. More information on these clubs can be obtained from the PA AAA Federation, 600 N. Third Street, Harrisburg, 17105. (717) 238-7192, www.aaapa.org

PennDOT District Bicycling/Pedestrian Coordinators

For information on pedestrian/bicycle policy, design, maintenance, planning and related issues contact Dave Bachman (717) 783-8444, Bureau of Highway Safety & Traffic Engineering, P.O. Box 2047, Harrisburg, PA. 17105-2047 or the District Bicycling/Pedestrian Coordinators listed in each Region.

Pennsylvania Pedalcycle and Pedestrian Advisory Committee (PPAC)

PPAC objectives are to advise and comment on all phases of cycling and pedestrian program activities being undertaken or financially assisted by the department agencies of State government. Information for upcoming PPAC meetings can be obtained at the PENNDOT internet site: www.dot.state.pa.us under More Links, Bicycle Information menu, Bicycle/Pedestrian Information

Statewide Bicycling Advocacy Organizations

Bicycle Access Council • 465 Dairyland Drive, P.O. Box 92, Dallastown, 17313
(717) 417-1299 Contact: Joe Stafford www.bicycleaccess-pa.org

Bicycling on State-Owned Lands

Bureau of Forestry • (717) 783-7941 (for Public Use Maps for state forests)

Bureau of State Parks • (800) 72-PARKS (for information on cycling in state parks)

Other State Agencies

Bureau of Recreation & Conservation (717) 783-2658

Department of Community & Economic Development (717) 787-3003

Fish & Boat Commission. (717) 705-7800

Game Commission (717) 787-6286

Heritage Areas Program (717) 783-5877

PennDOT Welcome Centers

Claysville I-70 Eastbound • 5 miles east of the Pennsylvania/West Virginia border

Delaware Water Gap • I-80, Exit 310

Easton I-78 Westbound • 1/2 mile west of the Pennsylvania/New Jersey border

Great Bend I-81 Southbound • 1/2 mile south of the Pennsylvania/New York Border

Linwood I-95 Northbound • 1/2 mile north of the Pennsylvania/Delaware border

Matamoras I-84 Exit 53 • 1/2 mile west of the Pennsylvania/New York border

Mount Morris I-79 Northbound • 5 miles north of the Pennsylvania/West Virginia border

North East I-90 Westbound • 1/2 mile west of the Pennsylvania/New York border

Shrewsbury I-83 Northbound • 2 1/2 miles north of the Pennsylvania/Maryland border

State Line I-81 Northbound • 1 1/2 miles north of the Pennsylvania/Maryland border

Tioga Route 15 Southbound • 1 1/2 miles south of the Pennsylvania/New York border

West Middlesex I-80 Eastbound • 1/2 mile east of the Pennsylvania/Ohio border

Warfordsburg I-70 Westbound • 1/2 mile west of the Pennsylvania/Maryland border

PennDOT Welcome Centers

— Operated by the Pennsylvania Turnpike Commission —

Neshaminy Welcome Center • located on the Pennsylvania Turnpike Westbound Mile
Marker 351, 7 miles west of the Pennsylvania/New Jersey border

Zelienople Welcome Center • located on the Pennsylvania Turnpike Eastbound Mile
Marker 21, 21 miles east of the Pennsylvania/Ohio border

The Allegheny and Her Valleys

PennDOT District Bicycle/Pedestrian Coordinators

Ray Kauffman - District 2
Centre, Mifflin, and Juniata Counties
1924-30 Daisy Street
Clearfield, 16830
(814) 765-0502
rakauffman@state.pa.us

Chris King - District 3
Lycoming, Columbia, Montour, Union,
Snyder and Northumberland Counties
715 Jordan Avenue
Montoursville, 17754
(570) 368-4222
chrking@state.pa.us

Steve Pohowsky - District 5
Schuylkill County
1002 Hamilton Street
Allentown, 18101
(610) 871-4490
spohowsky@state.pa.us

Tom Holsinger - District 9
Blair, Bedford, Fulton, Cambria,
and Huntingdon Counties
1620 N. Juniata Street
Hollidaysburg, 16648
(814) 696-7154
tholsinger@state.pa.us

Planning Organizations

Blair County Planning Commission
Valley View Home Wing E
301 Valley View Blvd , East Wing
Altoona, 16602
(814) 940-5978
Contact: Wes Burket
wlbbpc@atlanticbbn.net

Cambria County Planning Commission
401 Candlelight Drive, Suite 213
Ebensburg, 15931
(814) 472-2108
Contact: Dave Belz
dbelz@co.cambria.pa.us

Centre Metropolitan Planning Commission
2643 Gateway Drive, Suite 4
State College, 16801
(814) 231-3050
Contact: Trish Meek
tmeek@crcog.net

Lycoming County Planning Commission
Lycoming County Court House
48 W. Third Street
Williamsport, 17701
(570) 320-2138
Contact: Mark Murawski
mark.marawski@lyco.org

SEDA - Council of Governments
201 Furnace Road
Lewisburg, 17837
(570) 524-4491
Contact: Mark Duceman
mduceman@seda-cog.org

**Southern Alleghenies Planning
and Development Commission**
541 58th Street
Altoona, 16602
(814) 949-6232
Contact: John Dubnansky
dubnansky@sapdc.org

Tourism Promotion Agencies

Allegheny Mountains Convention and Visitors Bureau

One Convention Center Drive
Altoona, 16602
(800) 842-5866
www.alleghenymountains.com

Bedford Co. Visitors Bureau

131 South Juliana Street
Bedford, 15522
(800) 765-3331
www.bedfordcounty.net

Columbia-Montour Visitors Bureau

121 Paper Mill Road
Bloomsburg, 17815
(800) 847-4810
www.itourcolumbiamontour.com

Centre Co. Convention & Visitors Bureau

800 East Park Avenue
State College, 16803
(800) 358-5466
www.visitpennstate.org

Fulton Co. TPA

P.O. Box 141
McConnellsburg, 17233
(717) 485-4064
www.fultoncounty.com

Huntingdon County Visitors Bureau

6993 Seven Points Rd, Suite 2
Hesston, 16647
(888) RAYSTOWN
www.raystown.org

Johnstown & Cambria County Convention and Visitors Bureau

416 Main Street
Johnstown, 15901
(800) 237-8590
www.visitjohnstownpa.com

Juniata River Valley Visitors Bureau Historic Courthouse

1 West Market Street
Lewistown, 17044
(877) 568-9739
www.juniatarivervalley.org

Schuylkill County Visitors Bureau

200 East Arch Street
Pottsville, 17901
(800) 765-7282
<http://www.schuylkill.org>

Susquehanna Valley Visitors Bureau

81 Hafer Road
Lewisburg, 17837
(800) 525-7320
www.visitcentralpa.org

The Alleghenies

541 58th Street
Altoona, 16602
(814) 949-6552
www.thealleghenies.com

AYH Hostels and Affiliated Accommodations

Living Waters Hostel • 300 Camp Living Waters Road, Schellsburg, 15559
(814) 733-4212

Regional Bicycling Publications

Mountain Biking Bald Eagle State Forest • R. Ginieczi, Griz Innovations,
53 Rolling Hills Drive, Holland, 18966. (215)579-2575

Freewheeling Easy in Western Pennsylvania • M. Shaw & R. Weil, Shaw-Weil Associates,
414 South Craig Street, Pittsburgh, 15213. (412) 681-5131

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

ALTOONA

Pedal Power

2501 Union Avenue
(814) 942-4537

Spokes-n-Skis

315 Logan Boulevard
(814) 941-3888

BLOOMSBURG

Dutch Wheelman Bicycle Shop

59 East Main Street
(570) 724-3858
www.paulsbicycleshop.big-step.com

Paul's Bicycle Shop

Rear 472 West Third Street
(570) 724-3858

EBENSBURG

Ebensburg Bicycle Sales

106 Clara Street
& Route 422
(814) 472-4665

GREENSBURG

Bike Line of Greensburg

Route 30 & 66
(724) 838-0994

HUGHESVILLE

Pearson Bike Shop

64 South 5th Street
(570) 584-2365

HUNTINGDON

Rothrock Outfitters

418 Penn Street
Huntingdon PA 16652
(814) 643-7226

JOHNSTOWN

City Cycle

3217 Elton Road
(814) 266-9641

LEWISBURG

Campus Cycle & Fitness

223 Market Street
(814) 524-2998
Pardoe Bicycle & Mower Services
436 N. 4th Street
(570) 524-2108

McEWENSBURG

11 Mill Street, P.O. Box 66
(570) 538-1243

MIFFLINBURG

***Big Earls Bike Shop**

8552 Old Turnpike Road
(570) 966-4992

MONTOURSVILLE

Country Ski and Sports

836 Broad Street
(570) 368-1718
www.countryskiandsports.com

MOUNT CARMEL

Kranzel Bike &

Extreme Outdoor
20 North Oak Street
(570) 339-4240

MUNCY

Marty's Bicycle Shop

160 East Water Street
(570) 546-3142
www.martysbicycles.com

SOUTH WILLIAMSPORT

The Bicycle Center

909 Main Street
(570) 323-1153

SUNBURY

Runners Roost Bike & Sports

326 Market Street
(570) 286-6132

STATE COLLEGE

Eddie's Bicycles & Sports Equipment

480 East College Ave
(800) 927-2453
<http://www.eddiesbikes.com>

The Ski Station

224 E. College Ave.
(814) 237-2655

***The Bicycle Shop**

441 W. College Ave.
(814) 238-9422
www.thebicycleshopinc.com

Freeze Thaw Cycles

218 A Calder Way
(814) 272-0178
www.freezehaw.com

Mt. Nittany Wheelworks, Inc.

106 Village Drive
(814) 235-6220
www.mtnittanywheelworks.com

RBR Recumbent Bikeriders

1306 South Atherton Street
(814) 234-4636

TROUT RUN

Ray's Bicycle Center

670 Wallis Run Lane
(570) 368-8899

VINTONDALE

***Trailside Bicycle**

637 Main Street
(814) 749-7990
www.trailsidebicycle.com

WELLSBORO

Country Ski and Sports

81 Main Street
(570) 724-3858
www.countryskiandsports.com

Regional Bike Events

- July** **The INTERNATIONAL/Tour de Toona Stage Race** • 8-day pro-racing event in Central and Western Pennsylvania. Sponsored by the Altoona Bicycle Club, (814) 949-7223
- July** **MS Bike Tour** • 150 mile 2 day event from Hollidaysburg to State College benefits MS Society, (814) 696-1017 www.nationalmssociety.org
- August** **Habitat Twilight Trek** • 10 to 12-mile early evening night ride through Johnstown. Sponsored by Habitat for Humanity, (814) 539-2884
- August** **MS Bike Tour Keystone Country Ride** • 150 mile 2 day event from Hollidaysburg to State College sponsored by MS Society, (814) 696-1017

Bicycle Clubs

- Altoona Bicycle Club** • 301 Union Avenue, PMP 324, Altoona, 16602. (814) 949-7223
- Bucknell Cycling Club** • <http://www.bucknellcycling.com/contact/index.php>
- Centre Region Bicycle Coalition** www.centrebike.org
- Raystown Mountain Bike Association** • 418 Penn Street, Huntingdon 16652. (814) 643-7226
- Susquehanna Valley Velo Club** • <http://www.susvalleyvelo.com/> (570) 323-1153
- Williamsport Bicycle Club** • P.O. Box 5119, Williamsport, 17702. (570) 323-2349

Trail and Rail-Trail Organizations

- Allegheny Portage Railroad National Historic Site** (Allegheny Portage Railroad Trace) • 110 Federal Park Road, Gallitzin, 16640. (814) 886-6150 <http://www.nps.gov/alpo/>
- Cambria Co. Tourist Council** (Jim Mayer Riverwalk) • 111 Market Street, Johnstown, 15902. (814) 536-7993
- Lycoming Co. Planning Commission** (Lycoming Creek Bikeway) • 48 W. Third St, Williamsport, 17701. (570) 320-2130 <http://www.lyco.org/> z
- Mid State Trail Association** (Penns Creek Path) • P.O. Box 167, Boalsburg, 16827. <http://hike-mst.org/>
- Rails-to-Trails of Central PA** (Lower Trail) • 12 Sage Hill Road, Williamsburg, 16693. (814) 832-2400
- Southern Alleghenies Conservancy** (Pike-to-Bike Trail) • 702 West Pitt Street, Fairlawn Court, Suite #8, Bedford, 15522. (814) 623-7900 ext. 5

State Parks With Shared Use Paths

- | | | |
|---|---|--|
| Blue Knob State Park
124 Park Road
Imler, 16655
(814) 276-3576 | Locust Lake State Park
c/o Tuscarora State Park
687 Tuscarora Park Road
Barnesville, 18214
(570) 467-2404 | Shikellamy State Park
Bridge Avenue
Sunbury, 17801
(570) 988-5557 |
| Black Moshannon State Park
4216 Beaver Road
Philipsburg, 16866
(814) 342-5960 | Kettle Creek State Park
97 Kettle Creek Park Lane
Renovo, 17764
(570) 923-6004 | Shawnee State Park
132 State Park Road
Schellsburg, 15559
(814) 733-4218 |

State Forests

Bald Eagle State Forest
18865 Old Turnpike Road
Millmont, 17845
(570) 922-3344

Moshannon State Forest
3372 State Park Road
Penfield, 15849
(814) 765-0821

Tuscarora State Forest
RR 1 Box 486
Blain, 17006
(717) 536-3191

Buchanan State Forest
440 Buchanan Trail
McConnellsburg, 17233
(717) 458-31448

Rothrock State Forest
181 Rothrock Lane
Huntingdon, 16652
(814) 643-2340

Tiadaghton State Forest
423 East Central Avenue
South Williamsport, 17702
(570) 327-3450

Forbes State Forest
P.O. Box 519
Laughlintown, 15655
(717) 485-3148

Sproul State Forest
15187 Renovo Road
Renovo, 17764
(570) 923-6011

Weiser State Forest
P.O. Box 99
Cressona, 17929
(570) 385-7800

Transit Company Bicycle Policy

Contact transit company for policy regarding bicycles on buses.

Centre Area Transportation Authority (CATA), (814) 238-2282.
www.catabus.com

River Valley Transit • Williamsport, (570) 326-2500.
Many of the buses have bike racks on front of bus.

Susquehanna Trailways • Williamsport, (800) 692-6314.
<http://www.susquehannabus.com/>

State Police Troop Headquarters

Troop A – Greensburg (724) 832-3288

Troop F – Montoursville (570) 368-5700

Troop G – Hollidaysburg (814) 696-6100

Troop H – Harrisburg (717) 671-7500

Troop N – Hazelton (570) 459-3890

Pittsburgh and Its Countryside

Pittsburgh Region

— PennDOT District Bicycling/Pedestrian Coordinators —

Tom Holsinger - District 9

Somerset County
1620 N. Juniata Street
Hollidaysburg, 16648
(814) 696-7154
tholsinger@state.pa.us

Ben Devore - District 11

Lawrence, Beaver & Allegheny Counties
45 Thoms Run Road
Bridgeville, 15017
(412) 429-4981
bdevore@state.pa.us

James Vautar - District 10

Armstrong, Indiana & Butler Counties
P.O. Box 429, 2550 Oakland Avenue
Indiana, 15701
(724) 357-7989
jvautar@state.pa.us

Elizabeth Groszkos - District 12

Washington, Fayette,
Greene and Westmoreland Counties
P.O. Box 459, N. Gallatin Avenue Ext
Uniontown, 15401
(724) 439-7323
egrosklos@state.pa.us

— Planning Organizations —

Lawrence County Dept of Planning

Lawrence County Government Center
430 Court Street
New Castle, 16101
(724) 656-2144
Contact: Frank Gingras
frankg@co.lawrence.pa.us

Southwestern Pennsylvania Commission

425 Sixth Avenue, Suite 2500
Pittsburgh, 15219
(412) 391-5590
Contact: Sara Walfoort
swalfoort@spc9.org

Tourism Promotion Agencies

Armstrong Co. Tourist Bureau
125 Market Street
Kittanning, 16201
(888) 265-9954
<http://www.armstrongcounty.com/>

Indiana Co. Tourist Bureau
2334 Oakland Avenue
Suite 68
Indiana, 15701
(724) 463-7505
<http://www.visitindianacountypa.org/>

Butler Co. Chamber of Commerce
101 East Diamond Street
Lower Level, Suite 116, P.O. Box 1082
Butler, 16003
(724) 283-2222
<http://www.butlercountychamber.com/>

Lawrence Co. TPA
229 South Jefferson Street
New Castle, 16101
(724) 654-2044
<http://www.visitlawrencecounty.com/>

Beaver Co. Recreation & Tourism Bureau
526 Brady's Run Road
Beaver Falls, 15010
(724) 891-7030
<http://www.visitpittsburgh.com/static/index.cfm?contentID=95>

Visit Pittsburgh
Regional Enterprise Tower
Sixth Avenue, 30th Flr
Pittsburgh, 15219
(800) 339-0758
<http://www.visitpittsburgh.com/>

Greene Co. TPA
417 East Roy Furman Highway, Suite 101
Waynesburg, 15370
(724) 627-8687
www.greenecountytourism.org

Washington Co. TPA
273 South Main Street
Washington, 15301
(800) 531-4114
<http://www.washwow.com/>

Laurel Highlands Visitors Bureau
120 East Main Street
Ligonier, 15658
(800) 333-5661
<http://www.laurelhighlands.org/>

AYH Hostels Council Office

Rego's Hotel • 601 McKean Avenue, Charleroi, 15022. (724) 483-6200

Regional Cycling Publications

Freewheeling Easy in Western Pennsylvania, M. Shaw & R. Weil, Shaw-Weil Associates • 414 South Craig Street, Pittsburgh, 15213. (412) 681-5131

TrailBook, Covering the Great Allegheny Passage and the C & O Canal Towpath Fieldstone Press • 522 Handwerk Road, Markleton PA 15551 • trailbook@pennswoods.net

Western PA Wheelmen Bicycle Ride Maps • P.O. Box 99684, Pittsburgh, 15212. (412) 422-2234

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

AMBRIDGE

Ambridge Bike Shop
518 Merchant St
(724) 266-1111
www.ambridgebikeshop.com

BEAVER

***Snitger's Bicycle Store**
399 3rd Street
(724) 774-5905
www.snitgersbikes.net

BUTLER

Rapps Bicycle Center
179 New Castle Road
(724) 287-8048

CASTLE SHANNON

TRM Cycles
4100 Library Road
(412) 343-6885
www.trekofpgh.com

CONNELLSVILLE

Bikes Unlimited
503 West Crawford Ave.
(724) 628-2453
www.bikesunlimited.biz

CORAOPOLIS

Coraopolis Bike
938 5th Avenue
(412) 264-0982

CRANBERRY

Trek of Pittsburgh
Route 228
724.779.8735
www.trekofpgh.com

DILLTOWN

***Just Pedalin' Bike Rental**
11 Railroad Street
(814) 446-6620

GREENSBURG

***Cycle Sport & Ski**
Route 30 East
(724) 834-6801

Greensburg Cyclery
417 Brandon Street
(724) 834-9080
www.greensburgcyclery.com

INDIANA

Indiana Schwinn
36 South 5th Street
(724) 349-6550

Trail End

639 Philadelphia Street
(724) 349-7202

MONROEVILLE

Pittsburgh Pro Bicycles
4203 William Penn Highway
(412) 373-4910
www.snitgersbikes.net

MOUNT PLEASANT

Spoked Wheelz
601 Main Street
(724) 547-8886

NEW CASTLE

Bicycles & More
1907 West State Street
(724) 652-3434
www.bicyclesandmore.net

West Liberty Cycles
2693 West Liberty Avenue
(412) 343-4230
www.westlibertycycles.com

***Golden Triangle
Bike Rentals**
Eliza Furnace Trailhead
First Avenue Access
(412) 600-0675

OHIOPLYE

***White Water Adventures**
6 Negley Street
(724) 329-8850
(seasonal hrs)
www.wwaraft.com

PITTSBURGH

Golden Triangle Bike-n-Blade
600 1st Avenue
(412) 600-0675

ROBINSON

Trek of Pittsburgh
6514 Steubenville Pike
412.788.8735
www.trekofpgh.com

ROSTRAVER

***Cedar Creek Station**
Cedar Creek Park (Mile 37
Youghiogheny River Trail)
(724) 930-7004

SHADYSIDE

Trek of Pittsburgh
5956 Penn Circle South
412.362.8735
www.trekofpgh.com

SOMERSET

Mountain Sport
750 North Center Avenue
(814) 445-2115

TARENTUM

***Gatto Cycle Shop**
117 East 7th Avenue
(724) 224-9256
www.gattocycle.com

VERONA

Dirty Harry's Bicycles
730 Allegheny River Blvd
(412) 828-2667
www.dirtyharrys.net

WARRENDALE

Scholl's Bicycle Center
Box 347
(724) 935-1750
www.schollsbikes.com

WESTVIEW

Scholl's Bicycle Center
649 Center Avenue
(412) 931-6711
www.schollsbikes.com

UNIONTOWN

Uniontown Bicycles
455 Connellsville Street
(724) 439-3000

Outdoors Ltd.

Route 51
(724) 439-2525
www.heatsiphon.com/
outdoorsltd/index.html

WEST NEWTON

West Newton Bicycle Shop
106 West Main Street
724.872.2185

Regional Bicycle Tours

May **Pedal Pittsburgh** • Rides of 6, 15, 25, 35 and 50 miles throughout the City of Pittsburgh. Benefits Community Design Center of Pittsburgh, 938 Penn Avenue, 6th Floor, Pittsburgh, 15222. (412) 391-4144, www.cdcp.org

June **Yough 'n Roll Bike Tour** • Rides of 15, 35 and 50 miles at the Youghiogheny River Trail. Sponsored by the Mon/Yough Trail Council, P.O. Box 14, Boston, 15135. (412) 751-8986, <http://www.pitt.edu/~cfbst4/mytc.html>

September . . **Poker Ride/Walk** • Yough Trail Committee PO Box 95, West Newton, 15089. (724)-872-5586

Indiana Five Points Classic • Rides of 25 miles and 50 miles in Indiana and Blairsville, PA, Indiana County. Novice and elite criterium. For information, visit www.people.iup.edu/tkcn

Triple Loop Century • Rides held every September, the ride goes through Smicksburag, Tanoma and Homer City in Indiana County. For more information, email tfanning@verizon.net

October **Fall Foliage Ride** • Leisurely ride along Youghiogheny Trail to benefit local community organization and trail upkeep efforts. Yough River Trail Council, Connellsville 15425. (724) 628-5500

Pittsburgh Region Bicycle Clubs

Allegheny Cycling Association • 102 West 9th Street, Pittsburgh, 15215.
<http://acaracing.com/>

Carnegie Mellon Cycling • www.andrew.cmu.edu/user/cycling

IUP Cycling Club • Indiana University of Pennsylvania, 15705. (724) 840-4294
www.people.iup.edu/tkcn

Indiana Cycling Club • 1172 Oak Street, Indiana 15701. (724) 840-4294
www.tfanning@verizon.net

Fox Velo Club • c/o Hites Bike Shop, 103 Bon Aire Plaza, Butler, 16001. (724) 285-3091
<http://www.foxvelo.org/>

Western Pennsylvania Wheelmen • P.O. Box 99684, Pittsburgh, 15233. (412) 422-2234
<http://www.wpbikeclub.org/>

Trail and Rail-Trail Organizations

Allegheny Trail Alliance (Great Allegheny Passage) • PO Box 501, Latrobe, 15650.
(888) ATA-BIKE. www.atatrail.org

Allegheny Valley Land Trust (Armstrong Trail) • PO Box 777, Kittanning, 16201.
(724) 543-4478. www.armstrongtrail.org

Butler-Freeport Community Trail Council (Butler-Freeport Trail) • PO Box 533, Saxonburg, 16056. (724) 352-4783. www.butlerfreeporttrail.org

Cambria & Indiana Trail Council (Ghost Town Trail) • PO Box 134, Lucernemines, PA 15754

Conemaugh Valley Conservancy (West Penn Trail) • PO Box 502, Hollsopple, PA 15935-0502
www.conemaughcalleyconservancy.org

Five Star Trail Chapter (Five Star Trail) • 194 Donohoe Road, Greensburg, 15601.
(724) 830-3950

Friends of the Riverfront (Three Rivers Heritage Trail) • 33 Terminal Way, Pittsburgh, 15219.
(412) 488-0212. www.friendsoftheriverfront.org/new_pages

Indiana Co. Parks Department (Ghost Town Trail) • 1128 Blue Spruce Rd, Indiana, 15701.
(724) 463-8636. www.indianacountyparks.org

Lawrence County Tourism Bureau (Stavich Bicycle Trail) • 229 South Jefferson St., New Castle 16101. (888) 284-7599. www.visitlawrencecounty.com

Loyalhanna Watershed Association (PW&S Railroad Hiking-Biking Trail) • 110 Andi Lane, Ligonier, 15658. (724) 238-7560. www.loyalhannawatershed.org

Montour Trail Council (Montour Trail) • 304 Hickman Street, Suite 3 Bridgeville, 15017.
(412) 257-3011. www.montourrail.org

Mon/Yough Trail Council (Youghiogheny River Trail) • PO Box 14, McKeesport 15135.
(412) 754-1100. www.pitt.edu
Allegheny Trail Alliance (Youghiogheny)

Oakmont Borough (Arboretum Trail) • 769 Fifth St, Oakmont, 15139.
(412) 828-3232. www.oakmontborough.com

Office of the Mayor (City of Pittsburgh Trail System) • 414 Grant St., Pittsburgh 15219.
(412) 225-2626. www.city.pittsburgh.pa.us/mayor

Peters Township Parks and Recreation (Arrowhead Trail) • 610 E. McMurray Road, McMurray, 15317. (724) 942-5000. www.peterstownship.com

Regional Trail Corporation (part of the Great Allegheny Passage, the Coal and Coke Trail, the Five Star Trail and the Westmoreland Heritage Trail) • PO Box 95, West Newton, 15089.
(724) 872-5586. www.youghrivertrail.org

Roaring Run Watershed Association (Roaring Run Trail) • Box 333, Apollo, 15613.
(724) 478-3366. www.roaringrun.org

Saltick Township (Indian Creek Valley Trail) • PO Box 403, Melcroft, 15462.
(724) 455-286. www.saltlicktownship.com

Transit Company Bicycle Policy

Port Authority of Allegheny County • Pittsburgh, (412) 442-2000. Contact transit company for policy regarding bicycles on buses and trolleys. Some routes have buses equipped with bike racks. www.portauthority.org

State Parks with Shared Use Paths, and Federal Public Lands

Ohiopyle State Park
P.O. Box 105
Ohiopyle, 15470
(724) 329-8591

Youghiogheny River Lake
Army Corps of Engineers
497 Flanigan Road
Confluence, 15424
(814) 395-3242

Moraine State Park
225 Pleasant Valley Road
Portersville, 16051
(724) 368-8811

Keystone State Park
1150 Keystone Park Road
Derry, 15627
(724) 668-2939

**Conemaugh River Lake
& Loyalhanna Lake**
Army Corps of Engineers
RD #2, Box 131
Saltsburg, 15681
(724) 639-9013

Crooked Creek Lake
Army Corps of Engineers
RD #3, Box 323A
Ford City, 16226
(724) 763-2764

Hidden Valley Ski Resort
1 Craighead Drive
Hidden Valley, 15502
(814) 443-6454

State Police Troop Headquarters

Troop A – Greensburg (724) 832-3288
Troop B - Washington (724) 223-5200
Troop D - Butler (724) 284-8100

Great Lakes Region

— PennDOT District Bicycling/Pedestrian Coordinator —

Christine Boyer-Krantz • District 1, Erie, Crawford, Mercer and Venango Counties
255 Elm Street • Oil City, 16301. (814) 678-7379. chboyer@state.pa.us

— Planning Organizations —

Erie County Department of Planning
Erie County Court House, Room 119
140 West 6th Street • Erie, 16501
(814) 451-6336
Contact: Jake Welsh
jwelsh@eriecountypa.gov

**Northwest PA Regional Planning
and Development Commission**
395 Seneca Street • Oil City, 16301
(814) 677-4800
Contact: Bob Skarada
bobs@nwplan.org

**Mercer County Regional
Planning Commission**
2491 Highland Road • Hermitage, 16148
(724) 981-2412
Contact: Dan Gracenin
dgracenin@mcrpc.com

— Tourism Promotion Agencies —

**Crawford Co. Convention
and Visitors Bureau**
16709 Conneaut Lake
Meadville, 16335
(800) 332-2338
<http://www.visitcrawford.org>

**Oil Region Alliance Of
Business, Industry & Tourism**
206 Seneca Street, P.O. Box 128
Oil City, 16301
(800) 483-6264 ext. 106
www.oilheritage.com/alliance/alliance.html

Erie Area Convention and Visitors Bureau
208 East Bayfront Parkway, Suite 103
Erie, 16507
(800) 524-3743
www.eriepa.com

**Mercer Co. Convention
and Visitor's Bureau**
50 North Water Avenue
Sharon, 16146
(800) 637-2370
www.mercercountypa.org

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

CONNEAUTVILLE

Erbs Bicycles & Repairs
11383 Thatcher Road
(814) 687-2637

CORRY

Sike's Bike Shop
731 N. Center Street
(814) 664-9354

ERIE

A.R. Adams Schwinn
5651 Peach Street
(814) 868-0802

Competitive Gear

3501 West 12th Street
(814) 833-8274
www.competitivegear.com

*Holiday

Rent-A-Bike System
1 Peninsula Drive
(814) 456-0321

Midtown Bike Shop

1817 E 28th Street
(814) 461-9354

FRANKLIN

*Country Pedalers

2664 Bredinsburg Road
(814) 432-8055

GROVE CITY

Ultimate Sports

627 East Main St. Ext.
(724) 458-8657

HERMITAGE

The Bicycle Store

1779 East State Street
(724) 342-2031

LINESVILLE

*Linesville Bicycle Shop

156 Erie Street
(888) 232-1053

MEADVILLE

Emig's Bicycle Shop

596 State Street
(814) 333-1235
www.emigsbicycleshop.com

NORTHEAST

*Lake Country Bike

21 East Main Street
(814) 725-1338
www.lakecountrybike.com

TITUSVILLE

Drakewell BMX

217 Allen Street
(814) 827-9955
www.geocities.com/bmxpop/drakewellbmx.html

Regional Bicycle Tours

May **Bike Around the Bay** • 10, 30, and 50 mile routes offered. Benefits Lake Erie-Allegheny Earthforce Organization. Lake Erie-Allegheny Earthforce, 301 Peninsula Drive, Suite 5, Erie, 16505. (814) 835-8069

June **Roger's Ride** • 100 mile from Northeast PA to Niagara Falls, Lake Country Bike. (814) 725-1338, <http://www.lakecountrybike.com/>

July **Tour de West Country** • A short family ride is offered as well as 25 and 50 mile routes. The ride begins at Pleasant Ridge Park in Fairview. All proceeds go directly to the Lance Armstrong Foundation. Presque Isle Cycling Club, 2800 West 21st Street, Erie, 16506. www.picycling.org

August **Welch's Harvest Classic** • United States Cycling Federation, 20-28-38 mile Road Race, Lake Country Bikes. North East. (814) 725-1338. <http://www.lakecountrybike.com>

August **Bike Wine Country Fall Harvest Tour** • 12-25-50 mile tours of Wine region, Lake Country Bike. (814) 725-1338.

September . . **Pedal The Lakes** • 10-30-65 & 100 mile routes offered. Tour of beautiful Amish countryside in Western Pennsylvania. Benefits Mercer County Trails Association. Mercer County Trails Association, Inc., 91 Jefferson Avenue, Sharon, 16146. 724-342-2520. www.mctrails.org

September . . **Ride for the Refuge** • Family rides as well as rides between 10-100 miles are offered for this bike tour. The ride start locations are at Albion Fairground or Shades Beach. Funds will benefit the Refuge family homeless center. Erie United Methodist Alliance, 1033 East 26th Street, Erie 16504. <http://www.euma-erie.org/events.php>

Great Lakes Region Bicycle Clubs

Allegheny Cycling Association • 102 West 9th Street, Pittsburgh, 15215.
www.acaracing.com

Presque Isle Cycling Club • 2800 W. 21st Street, Erie, 16506. www.picycling.org

Team Countryside Cycling • 220 W. Plum St., Suite 750, Edinboro 16412. (814) 397-4427.
www.countrysidecycling.com

Trail and Rail-Trail Organizations

Allegheny Valley Trails Association (Allegheny River Trail-PA 322) • P.O. Box 264, Franklin, 16323. (814) 437-5623. www.avta-trails.org

Asbury Woods Nature Center Trails and Greenway • 4105 Asbury Road, Erie, 16506

French Creek Recreational Trails (Ernst Bike Trail) • 773 N. Main St., Meadville PA.
(814) 724-6073.

Mercer County Trails Association, Inc. • 91 Jefferson Avenue, Sharon, 16146.
(724) 342-2520. www.mctrails.org

Northwest Pennsylvania Trail Association (Cory Junction Greenway Trail) • P.O. Box 9401, Erie, 16505. www.nwpatrail.org

**State Forests, State Parks with Shared Use Paths,
and Federal Public Lands**

Clear Creek State Forest
Allegheny River
Track-Kennerdell
158 South Second Ave
Clarion, 16214
(814) 226-1901

**Maurice K. Goddard
State Park**
684 Lake Wilhelm Road
Sandy Lake, 16145
(724) 253-4833

Oil Creek State Park
305 State Park Road
Oil City, 16301
(814) 676-5915

Presque Isle State Park
Tom Ridge Education
Environmental Center
301 Peninsula Road
Erie, 16505
(814) 833-7424

Pymatuning State Park
Pymatuning Trail
2660 Williamsfield Road
Jamestown, 16134
(724) 932-3141

Shenango River Lake
Army Corps of Engineers
2442 Kelly Road
Hermitage, 16150
(724) 962-7746

Woodcock Creek Lake
Army Corps of Engineers
22079 State Highway 198
Saegertown, 16433
(814) 763-4422

State Police Troop Headquarters

Troop E – Erie (814) 898-1641
Troop D - Mercer. (724) 662-6162

PA Wilds

— PennDOT District Bicycling/Pedestrian Coordinators —

Christine Boyer-Krantz - District 1
Warren and Forest Counties
255 Elm Street
Oil City, 16301
(814) 678-7379
chboyer@state.pa.us

Ray Kauffman - District 2
McKean, Potter, Elk, Clinton,
Cameron and Clearfield Counties
P.O. Box 342, 1924-30 Daisy Street
Clearfield, 16830
(814) 765-0502
rakauffman@state.pa.us

Chris King, District 3 - Tioga County
715 Jordan Avenue
Montoursville, 17754
(570) 368-4222
chriking@state.pa.us

James Vautar - District 10
Clarion & Jefferson Counties
P.O. Box 429, 2550 Oakland Avenue
Indiana, 15701
(724) 357-7989
jvautar@state.pa.us

— Planning Organizations —

**North Central PA Regional Planning
and Development Commission**
651 Montmorenci Road
Ridgway, 15853
(814) 773-3162
Contact: Amy Kessler
amy@ncentral.com

**Northern Tier Regional Planning
and Development Commission**
312 Main Street
Towanda, 18848
(570) 265-9103
Contact: Rick Biery
biery@northerntier.org

**Northwest PA Regional Planning
and Development Commission**
395 Seneca Street
Oil City, 16301
(814) 677-4800 ext 111
Contact: Bob Skarada
bobs@nwplan.org

SEDA - Council of Governments
201 Furnace Road
Lewisburg, 17837
(570) 524-4491
Contact: Mark Duceman
mduceman@seda-cog.org

Tourism Promotion Agencies

**Allegheny National Forest
Vacation Bureau**
P.O. Box 371, 80 East Corydon St.
Bradford, 16701
(800) 473-9370
www.visitanf.com

Clinton Co. Economic Partnership
212 North Jay Street
Lock Haven, 17745
(888) 388-6991
www.clintoncountyinfo.com

Cook Forest Vacation Bureau
PO Box 5035
Cooksburg, 16217
(814) 927-6922
www.cookforest.org

Lycoming County Visitors Bureau
210 William Street
Williamsport 17701
(800) 358-9900
www.williamsport.org/visitors

**Northwest Pennsylvania's Great Outdoors
Visitors Bureau**
175 Main Street
Brookville, 15825
(800) 348-9393
www.pagreatoutdoors.com

PA Route 6 Tourist Association
West Main Street
Galeton, 16922
(877) 276-8836
www.paroute6.com

Potter Co. Visitors Assoc.
P.O. Box 245
Coudersport, 16915
(814) 274-3365
www.visitpottercounty.com

Tioga County Visitors Bureau
114 Main Street
Wellsboro, 16901
(888) 846-4228
www.visttiogapa.com

Warren County Visitors Bureau
2883 Pennsylvania West Ext
Warren, 16365
(800) 624-7802
www.wcvb.net

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

**Bikers' Guide to Canyon
Country, Wellsboro**
Chamber of Commerce 120
Main Street, Wellsboro,
16901 (570) 724-1926

AVIS

Bonnors Sports Inc.
Short & Central
(570) 753-5702
www.bonnorsports.com

CLARION

High Gear
623 Main Street
(814) 226-4763

LOCK HAVEN

The Bike Gallery
140 East Main Street
(570) 748-6580

MANSFIELD

Oswald Cycle Works*
7 North Main Street
(570) 662-3097
oswaldcycleworks.com

RIDGWAY

Love's Canoe*
3 Main Street
(814) 776-6285
www.ncentral.com/~dlove

WARREN

Bike World of Warren
1666 Market Street Ext
(814) 723-1758

Regional Bicycle Tours

- August** **Ole Bull Mountain Madness Ridge Riders Bicycle Club** • HCR 62 Box 9, Cross Fork, (814) 435-5000. www.ticoridgeriders.com
- September** . . **Laurel Classic Mountain Challenge Wellsboro Area Chamber Of Commerce** • PO Box 733, Wellsboro, 16901, 570-724-1926. www.wellsboropa.com
- September** . . **Tri-County Tour de Trail Tri-County Rails-to-Trails** • PO Box 115, Ridgway, 15853. (814) 772-7657.

PA Wilds Bicycle Clubs

- Ridge Riders Bicycle Club** • PO Box 635, Wellsboro, 16901, www.ticoridgerides.com
- Twisted Spokes Bicycle Club** • 7 N. Main St, Mansfield, 16933, (570) 662-3097
www.twistedspokes.org

Trail and Rail-Trail Organizations

- Clearfield Co. Rails-to-Trails** (Clearfield to Grampian Trail) • 310 E. Cherry St, Clearfield, 16830. (814) 236-0894. www.clearfieldco.org
- Cowanshannock Creek Watershed Association** (Great Shamokin Path and Cowanshannock Trail) • P.O. Box 307, Rural Valley, 16249. (724) 783-6692.
- Tidioute Borough** (Tidioute Riverside Rec Trek Trail) • P.O. Box 174, Suite 1, Tidioute, 16351, (814) 484-7424.
- Tri-County Rails-to-Trails Association** (Clarion-Little Toby Creek) • P.O. Box 115, Ridgway, 15853. (814) 772-7657.
- U.S. Army Corps of Engineers** (Kellettsville to Nebraska Trace) • One Tionesta Lake, Tionesta, 16353. (814) 755-3512.
- U.S. Army Corps of Engineers** (Railroad Grade Trail) • 710 Ives Run Lane, Tioga, 16946. (570) 835-5281.
- Warren County Planning & Zoning Commission** (Warren to North Warren Bike Trail) • 204 4th Ave, Warren, 16365. (814) 728-3512. www.warren-county.net

PA Wilds State Parks with Shared Use Paths, and Federal Public Lands

<p>Clear Creek State Park R.R. 1, Box 82 Sigel, 15860 (814) 752-2368</p>	<p>(814) 965-2646 Kinzua Dam and Allegheny Reservoir Army Corps of Engineers 1205 Kinzua Road Warren, 16365 (814) 726-0661</p>	<p>Ski Sawmill Family Resort Inc. 383 Oregon Hill Road Morris, 16938 (570) 353-7521</p>
<p>East Branch Clarion River Lake Army Corps of Engineers 631 East Branch Lake Road Wilcox, 15870 (814) 965-2065</p>	<p>Ole Bull State Park 31 Valhalla Lane Cross Fork, 17729 (814) 435-5000</p>	<p>Tionesta Lake Army Corps of Engineers 1 Tionesta Lake Tionesta, 16353 (814) 755-3512</p>
<p>Kinzua Bridge State Park Kinzua Bridge Trail (Bridge closed to pedestrians) c/o Bendigo State Park P.O. Box A Johnsonburg, 15845</p>	<p>Parker Dam State Park 28 Fairview Road Penfield, 15849-9799 (814) 765-0630</p>	

PA Wilds State Forests

<p>Clear Creek State Forest 158 2nd Avenue Clarion, 16214 (814) 752-2368</p>	<p>Elk State Forest 258 Sizerville Road Emporium, 15834 (814) 486-3353</p>	<p>Susquehannock State Forest P.O. Box 673 Coudersport, 16915 (814) 274-3600</p>
<p>Cornplanter State Forest 323 North State Street North Warren, 16365 (814) 723-0262</p>	<p>Moshannon State Forest 3372 State Park Road Penfield, 15849 (814) 765-0821</p>	<p>Tioga State Forest One Nessmuk Lane Wellsboro, 16901 (570) 724-2868</p>

National Forest District

Allegheny National Forest • P.O. Box 847, 222 Liberty Street, Warren, 16365.
(814) 723-5150 www.fs.fed.us/r9/forests/allegheny

Transit Company Bicycle Policy

Fullington Trailways • Clearfield, (814) 765-7871. Contact transit company for policy regarding bicycles on buses. <http://www.fullingtontours.com/>

State Police Troop Headquarters

Troop C – Punxsutawney	(814) 938-0510
Troop F - Montoursville	(570) 368-5700

Northeastern Pennsylvania Mountains

— PennDOT District Cycling/Pedestrian Coordinators —

Chris King, - District 3
Bradford and Sullivan Counties
715 Jordan Avenue
Montoursville, 17754
(570) 368-4222
chriking@state.pa.us

Steve Pohowsky, - District 5
Monroe and Carbon Counties
1002 Hamilton Street
Allentown, 18101
(610) 871-4490
spohowsky@state.pa.us

April Hannon - District 4
Wayne, Pike, Wyoming, Susquehanna,
Lackawanna & Luzerne Counties
O'Neill Highway
Dunmore, 18512
(570) 963-4076
ahannon@state.pa.us

— Planning Organizations —

**Lackawanna County Regional
Planning Commission**
507 Linden Avenue, 5th Floor
Scranton, 18503
Contact: Rob Ghigiarelli
(570) 963-6400
ghigiarellir@lackawannacounty.org

Luzerne County Planning Commission
Luzerne Co. Court House
200 N. River Street
Wilkes-Barre, 18711
(570) 825-1564
Contact: Nancy Snee
nancy.snee@luzernecounty.org

Northeastern Pennsylvania Alliance
1151 Oak Street
Pittstown, 18640
(570) 655-5581
Contact: Alan S. Baranski
Baranski@nepa-alliance.org

**Northern Tier Regional Planning and
Development Commission**
312 Main Street
Towanda, 18848
(570) 265-9103
Contact: Rick Biery
biery@northerntier.org

— Tourism Promotion Agencies —

Tourism Promotion Agencies
Endless Mountains Visitors Bureau
4 Works Plaza, Tunkhannock, 18657
(800) 769-8999
www.susquehannabus.com

**Lackawanna County Convention
and Visitors Bureau**
1300 Old Plank Road, Scranton, 18507
(800) 229-3526
www.visitnepa.org

**Luzerne County Convention and
Visitors Bureau**
59 Public Square, Wilkes-Barre, 18701
(570) 819-1877
www.tournepa.com

Pocono Mountains Visitors Bureau, Inc.
1004 Main Street, Stroudsburg, 18360
(800) 762-6667
www.800poconos.com

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

BRADFORD

Allegheny Recreational Rentals (Rentals only)
217 W. Washington Street
(814) 817-1283

Just Riding Along
48 Mechanic Street
(814) 363-9101
www.justridingalong.net

EAST STROUDSBURG

Mountain Valley Bicycles
370 North Courtland Street
(570) 424-1163

FORTY FORT

B & B Bike
112 Shoemaker Street
(570) 287-3696
www.40fortbikes.com

HONESDALE

***Northeast Sports Ltd.**
107 Eighth Street
(570) 253-1145

JIM THOPRE

***Pocono Whitewater**
Route 903
(570) 325-3655
www.bikejimthorpe.com

KINGSTON

Main Bike World
200 Wyoming Avenue
(570) 288-8883
www.mainbikes.com

MONROETON

Rocky's Bicycle Shop
RR1 Box 1628
(570) 265-9208
www.mainbikes.com

SCRANTON

Cedar Bike Shop
629 Pittston Ave.
(570) 344-3416

WILKES-BARRE

Country Ski and Sports
Route 309 & Blackman St.
(570) 824-0541
www.countryskiandsports.com

Regional Bicycle Tours

May Inn to Inn Bicycle Tour • 4 day, 3 night, self-guided mountain bike tour on country roads and abandoned railroad beds. Accommodations at local B&B's. \$375 per person (plus tax) includes all lodging, meals and equipment shuttles. The Inn at Starlight Lake, 289 Starlight Lake Road, Starlight, 18461. (800) 248-2519. www.innatstarlightlake.com

Trail and Rail-Trail Organizations

Carbon Co. Parks & Recreation (Switchback Railroad Trail) • 625 Lentz Trail Rd,
Jim Thorpe, 18229. (570) 325-3669. www.carboncounty.com/parks.htm

Rail-Trail Council/NEPA (O & W Trail and D&H Trail) • P.O. Box 123, Forest City,
18421. (570) 785-7245. www.nepa-rails-trails.org

Northeastern PA Mountains State Parks and Ski Resorts with Shared Use Paths

Lackawanna State Park
RR1 Box 230
Dalton, 18414
(570) 945-3239

Tobyhanna State Park
Old Railroad Trail
P.O. Box 387
Tobyhanna, 18466
(570) 894-8336

Lackawanna State Forest
401 Samters Bldg
101 Penn Avenue
Scranton, 18503
(570) 963-4561

Lehigh Gorge State Park
c/o Hickory Run State Park
RR1 Box 81
White Haven, 18661
(570) 443-0400

STATE FORESTS
Delaware State Forest
HC1 Box 95A
Swiftwater, 18370
(570) 895-4000

Loyalsock State Forest
274 Arbutus Park Road
Bloomsburg, 17815
(570) 387-4255

Transit Company Bicycle Policy

Martz Trailways • Wilkes-Barre, (570) 821-3806. Contact transit company for policy
regarding bicycles on buses. www.martztrailways.com

State Police Troop Headquarters

Troop L – Reading (610) 378-4011
Troop N – Hazleton (570) 459-3890
Troop P – Wyoming (570) 697-2000
Troop R – Dunmore (570) 963-3156

Philadelphia and the Countryside

PennDOT District Bicycling/Pedestrian Coordinators

Steve Dunlop - District 6
Bucks, Montgomery, Chester,
Philadelphia, and Delaware Counties
7000 Geerdes Boulevard
King of Prussia, 19406
(610) 205-6996

Steve Pohowsky - District 5
Northampton, Berks and Lehigh Counties
1002 Hamilton Street
Allentown, 18101
(610) 871-4490
spohowsky@state.pa.us

Bicycle Advocacy Organizations

**Southeastern Pennsylvania Bicycle
Issues Task Force**
190 North Independence Mall West
Philadelphia, 19106
Contact: John Madera
(215) 238-2854

**The Bicycle Coalition of Greater
Philadelphia (BCGP)**
252 S. 11th Street
Philadelphia, 19107
Contact: John Boyle
(215) BICYCLE

**The Coalition for Appropriate
Transportation (CAT)**
Lehigh Valley Bike/Ped Transit Center
60 W. Broad Street
Bethlehem, 18018
Contact: Steve Schmitt
(610) 954-5744
CAT@car-free.org

Planning Organizations

**Delaware Valley Regional
Planning Commission**
190 North Independence Mall West
8th Floor
Philadelphia, 19106
Contact: John Madera
(215) 238-2854
jmadera@dvrpc.org

Berks County Planning Commission
Berks County Services Center
633 Court Street, 14th Flr
Reading, 19601
(610) 478-6300
Contact: Michael Golembiewski
planning@countyofberks.com
www.co.berks.pa.us/planning

Lehigh Valley Planning Commission
961 Marcon Boulevard, Suite 310
Allentown, 18109
(610) 264-4544
Contact: Joe Gurinko
jlg@lvpc.org

Tourism Promotion Agencies/Convention and Visitors Bureaus

**Bucks County Conference
and Visitors Bureau, Inc**
3207 Street Road, Bensalem, 19020
(800) 836-2825
www.buckscountycvb.org

**Brandywine Conference
and Visitors Bureau**
One Beaver Valley Road, Chadds Ford, 19317
(800) 343-3983
www.brandywinecvb.org

**Chester Co. Conference
and Visitors Bureau**
17 Wilmont Mews Suite 400
West Chester, 19382
(800) 228-9933
www.brandywinevalley.com

Historic Bethlehem Welcome Center
505 Main Street, Bethlehem, 18018
(610) 868-1513
www.historicbethlehem.org

**Greater Philadelphia Tourism
Marketing Corporation**
30 S. 17th Street, Suite 1710
Philadelphia, 19103
(215) 599-0776
www.gophila.com

Independence Visitor Center
One North Independence Mall West
6th & Market Streets, Philadelphia, 19106
(800) 537-7676
www.independencevisitorcenter.com

Lebanon Valley Exposition Corporation
80 Rocherty Road
Lebanon, PA 17042
(717) 273-3670
www.visitlebanoncounty.com

**Lehigh Valley Convention
and Visitor's Bureau**
840 Hamilton Street, Suite 200
Allentown, 18101
(800) 747-0561
www.lehighvalleypa.org

Philadelphia Convention & Visitor's Bureau
1700 Market Street, Suite 3000
Philadelphia, 19103
215-636-3000
www.philadelphiausa.travel

**Greater Reading Convention
and Visitors Bureau**
2525 North Street, Suite 101
Reading, 19605
(800) 443-6610
www.readingberkspa.com

**Valley Forge Convention
and Visitor's Bureau**
600 West Germantown Pike, Suite 130
Plymouth Meeting, 19462
(610) 834-1550
www.valleyforge.org

AYH Hostels

Bank Street Hostel • 32 South Bank Street, Philadelphia, 19106. (215) 922-0222.
www.bankstreethostel.com

Chamounix Mansion Hostel • Chamounix Dr, W. Fairmount Park, Philadelphia, 19131
(215) 878-3676. www.philahostel.org

Weisel Hostel • 7347 Richlandtown Road, Quakertown, 18951. (215) 536-8749
www.buckscounty.org/government/departments/ParksandRec/RecreationSites/AboutWeisel.aspx

Tyler House, Tyler State Park • P.O. Box 94, Covered Bridge Trail • Newtown, 18940
(215) 968-0927

Regional Bicycling Publications

Bike Rides-The Lehigh Valley, Joint Planning Comm., Lehigh-Northampton Cos.,
961 Marcon Boulevard, Suite 310, Allentown, 18109. (610) 264-4544.

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

ALLENTOWN

*Bike Line of Allentown

1728 Tilghman Street
(610) 437-6100
www.bikeline.com

AMBLER

McFarland Bike Shop

15 North Main Street
(215) 646-2843

ARDMORE

Human Zoom

47 West Lancaster Avenue
(610) 649-9839
www.humanzoom.com

BETHLEHEM

Bike Line

2112 Shoenersville Road
(610) 691-0943
www.bikeline.com

BROOMALL

Bike Line

26 South Sproul Road
(610) 356-3022
www.bikeline.com

BRYN MAWR

Cycles BiKyle

1046 Lancaster Avenue
(610) 525-8442
www.bikyle.com

DOYLESTOWN

High Road Cycles

Old Dublin Pike
Mercer Sq. Shopping Center
(215) 348-8015

DOYLESTOWN

Cycle Sports of Doylestown

641 North Main Street
(215) 340-2526
www.cyclesports.com

EASTON

Broken Spoke

Bicycle Shop
110 South 18th Street
(610) 258-4404

Genesis Bicycles

126 Bushkill Street
(610) 253-1140
www.genesisbicycles.com

EXTON

Bike Line

292 East Lancaster
(610) 594-9380
www.bikeline.com

*Exton Bicycles

337 East Lincoln Highway
(610) 363-2747
www.genesisbicycles.com

EXETER

Sickler's Bike and Sport Shop

1069 Wyoming Ave.
(507) 602-7433
www.sicklerbikes.com

FEASTERVILLE

Guy's Bicycles

326 East Street Road
(215) 355-1166
www.guysbicycles.com

FLEETWOOD

Weaver's Bike Shop

729 Park Road
(610) 944-9565

HAMBURG

Spokes Bike Shop

16590 Pottsville Pike
(610) 562-8994
www.spokesbikeshop.com

HARLEYSVILLE

*Bikeworks

500 Main Street
(215) 513-7550

KING OF PRUSSIA

Human Zoom Bikes and Boards

740 West DeKalb Pike
(610) 337-3003
www.humanzoom.com

MONTGOMERYVILLE

Bike Line

803 Horsham Road
(215) 361-7900
www.bikeline.com

NARBERTH

Mainly Bikes

229 Haverford Avenue
(610) 668-2453
www.mainlybikes.com

NEWTOWN

Newtown Bicycle & Fitness

30 North State Street
(215) 968-3200
www.newtownbike.com

NORRISTOWN

Bikefit

1987 West Main Street
(610) 539-8393

NORTH WALES

Performance Bike Shop

1210 Bethlehem Pike Suite B
(215) 654-9088

PAOLI

Bike Line of Valley Forge

414 Swedesford Rd, Berwyn
19312
(610) 647-8023
www.bikeline.com

Performance Bicycle
1740 East Lancaster Avenue
(610) 644-8522
www.performancebike.com

PHILADELPHIA

Bicycle Revolutions
712 South 4th Street
(215) 629-2453
www.bicyclerevolutions.com

***Bike Line of Arch Street**
1028 Arch Street
(215) 923-1310
www.bikeline.com

Human Zoom Bikes and Boards
4151 Main Street
(215) 487-7433

Bustleton Bike
9261 Roosevelt Boulevard
(215) 671-1910
www.cyclefitonline.com

Bicycle Therapy
2211 South Street
(215) 735-7849
www.bicycletherapy.com

Bike Addicts
5548 Ridge Avenue
(215) 487-3006
www.bikeaddicts.com

Philadelphia Bicycles
826 North Broad Street
(215) 765-9118

***Frankenstein Bike Works**
1529 Spruce Street
(215) 893-0415

***Trophy Bikes**
3131 Walnut Street
(215) 222-2020
www.bikeaddicts.com

***Trophy Bike Garage**
1040 N. American Street
(215) 222-2020
www.trophybikes.com

Via Bicycle
606 South Ninth Street
(215) 627-3370

Wolff Cycle Company
4311 Lancaster Avenue
(215) 222-2171

PHOENIXVILLE

Bicycle Barn
308 West Pothouse Road
(610) 933-2210

POTTSTOWN

Bike Line
1386 N. State Street & Route 100
(610) 718-5475
www.bikeline.com

QUAKERTOWN

Cycle Zone
2338 South 8th Street
(215) 536-3443

READING

Skyline Bicycles & Skateboards
1100 N. 13th Street
(610) 378-9778

Wolverton's Cycling and Fitness
2904 Kutztown Road
(610) 929-8205
www.wolvertonsbikes.com

ROCKLEDGE

Cycle Sonic
220 Huntingdon Pike
(215) 379-1102
www.cyclesonic.com

SINKING SPRING

Technocycle Bike Shop
304 Beacon Road
(610) 670-4750
technocycle@comcast.net

SHILLINGTON

JB Mountain Bikes
211 West Lancaster Avenue
(610) 777-5253
www.jbmountainbikes.com

TRAPPE

***Bikesport**

325 W. Main Street
(610) 489-7300
www.bikesportbikes.com

WARMINSTER

Bike Line

298 York Road
(215) 675-1739
www.bikeline.com

WERNERSVILLE

The Crank

203 West Penn Avenue
(610) 898-1500
www.thecrankpa.com

WEST CHESTER

Bike Line

909 Paoli Pike
(610) 436-8984
www.bikeline.com

West Chester Bike Center

1342B West Chester Pike
(610) 431-1856
www.extonbikes.com

WEST LAWN

Lebo's Pedal Parlor

2200 Penn Avenue
(610) 678-3191

WHITEHALL

Nestor's Full Cycle Bicycle Shop

2510 MacArthur Road
(800) 898-1133
www.nestors.com

Regional Bicycle Tours

- April** **Brandywine Taxing Metric Century** • 100, 50, 30 km loops, rolling hills, rural area. Start at Warwick City Park. Brandywine Bicycle Club, P.O. Box 3162, West Chester, 19381, (610) 407-6201. www.brandywinebicycleclub.org
- May** **Bonkers Metric** • Routes of 18, 35, 50 and 65 miles from Ridley Creek State Park. Rolling terrain. Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, 19081. (610) 541-0784. www.dvbc.org
- May** **Quad County Metric Century** • Routes of 32, 65, 80 & 100K from Green Lane Park. Flat to moderately hilly terrain. Suburban Cyclists Unlimited, P.O. Box 401, Horsham, 19044. www.suburbancyclists.org
- August** **Dog Daze Century** • 25 miles or two 50 mile loops, rural area. Start at Nottingham City Park. Brandywine Bicycle Club, P.O. Box 3162, West Chester, 19381. (610) 644-3792.
- September** .. **Annual Brandywine Tour** • Routes of 28, 50, 65 and 100 miles from Chadds Ford area. Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn 19801. (610) 541-0784.
- September** .. **Lake Nockamixon Century** • Routes of 20, 35, 55, 62, 85 and 100 miles. Start at Hatboro-Horsham High School. Flat to moderately hilly terrain. Suburban Cyclists Unlimited, P.O. Box 401, Horsham, 19044.
- September** .. **Savage Century** • Generally regarded as one of the most difficult centuries on the East Coast through the worst hills in Lancaster and Chester Counties! White Clay Bicycle Club, Jeff Butcher, 226A Aronimink Drive 19711. Newark, Delaware. (610) 925-0757. www.whiteclaybicycleclub.org
- October** **Covered Bridges Ride** • 20 or 30-mile flat rides and 33, 53 or 63-mile hilly rides. Enjoy the fall foliage, historic covered bridges, and quaint villages of Central and Upper Bucks County. Central Bucks Bicycle Club, P.O. Box 1648 Doylestown. (215) 504-2140. coveredbridges@cbbikeclub.org

Philadelphia and the Countryside Bicycle Clubs

Berks County Bicycle Club • 3727 Patton Street, Reading, 19606. (610) 370-5092.
www.berksbicycle.com

Bicycle Club of Philadelphia • P.O. Box 30235, Philadelphia, 19103. (610) 828-3708.
www.phillybikeclub.org

Brandywine Bicycle Club • P.O. Box 3162, West Chester, 19381.
www.brandywinebicycleclub.org

Central Bucks Bicycle Club • P.O. 1648, Doylestown, 18940. (215) 579-0705.
www.cbbikeclub.org

Delaware Valley Bicycle Club • P.O. Box 156, Swarthmore, 19801. (610) 541-0784.
www.dvbc.org

Doylestown Wheelmen • P.O. Box 475, Doylestown, PA 18901. (215) 343-0525.

Lehigh University Cycling Club • www.leighcycling.com

Lehigh Wheelmen • P.O. Box 140, Trexlertown, 18087. (610) 759-7256
president@lehighwheelman.org

Suburban Cyclists Unlimited • P.O. Box 401, Horsham, 19044. www.suburbancyclists.org

Trail and Rail-Trail Organizations

Berks County Parks Department (Union Cannel Trail) • 2083 Tulpehocken Rd, Wyomissing, 19610.
(610) 372-8939. www.co.berks.pa.us/parks

Borough of Bristol (Bristol Spurline Park Trail) • 250 Pond St, Bristol, 19007.
(215) 788-3828. www.bristolborough.com

Delaware & Lehigh National Heritage Corridor • 2750 Hugh Monroe Park, Greystone Building, Easton, 18042. (610) 923-3548. www.delawareandlehigh.org

Forks Township (Forks Township Recreation Trail) • 1606 Sullivan Trail, Easton, 18040.
(610) 252-0785. www.forkstowship.org

Montgomery Parks and Heritage Services (Schuylkill River Trail) • New Mill Road, Oaks, 19456. (610) 666-5371. www.parks.montcopa.org

Northampton Co. Parks & Recreation (Nor-Bath Recreation Trail) • Gracedale Complex, Nazareth, 18064. (610) 746-1975.

Palmer Township Board of Supervisors (Towpath Bike Trail) • 3 Weller Place P.O. Box 3039, Palmer, 18043. (610) 253-7191.

Plainfield Township Board of Supervisors • (Plainfield Township Trail), 6292 Sullivan Trail, Nazareth, 18064. (610) 759-6944.

Schuylkill River Heritage Corridor (Thun Trail) • 140 College Dr, Pottstown, 19464.
(484) 945-0200.

Springton Manor Farm (Struble Trail) • 860 Springton Road, Glenmoore 19343.
(610) 942-2450.

Whitehall Township Recreation Bureau (Ironton Trail) • 3219 MacArthur Rd, Whitehall, 18052. (610) 437-5524.

Philadelphia and the Countryside State and National Parks with Shared Use Paths

<p>Blue Marsh Lake U.S. Army Corps of Engineers 1268 Palisades Drive Leesport, 19533 (610) 376-6337</p>	<p>French Creek State Park 843 Elverson Road Elverson, 19520 (610) 582-9680 www.dcnr.state.pa.us/stateparks/parks/frenchcreek.aspx</p>	<p>(610) 270-0215 Ridley Creek State Park Sycamore Mills Road Media, 19063 (610) 892-3900</p>
<p>Delaware Canal State Park 11 Lodi Road Upper Black Eddy, 18972 (610) 982-5560</p>	<p>Jacobsburg Environmental Education Center 835 Jacobsburg Road Wind Gap, 18091 (610) 746-2801</p>	<p>Tyler State Park 101 Swamp Road Newtown, 18940 (215) 968-2021</p>
<p>Evansburg State Park 851 May Hall Road Collegetown, 19426 (610) 409-1150</p>	<p>Nockamixon State Park 1542 Mountain View Dr. Quakertown, 18951 (215) 529-7300</p>	<p>Valley Forge National Historic Park 1400 Outerline Drive King of Prussia, 19406 (610) 783-1077</p>
<p>Fort Washington State Park 500 Bethlehem Pike Fort Washington, 19034 (215) 591-5250</p>	<p>Norristown Farm Park 2500 Upper Farm Road Norristown, 19403</p>	<p>White Clay Creek Preserve PO Box 172 Landenberg, 19305 (610) 274-2900</p>

Professional/Amateur Bicycle Racing

Bensalem BMX Raceway • Street Rd (PA 132) and U.S. RT 1 North Bensalem, 19020. (215) 639-9539. www.bensalembmx.com

Lehigh Valley Velodrome • 1151 Mosser Road Breiningsville, 18031. (610) 397-7000. www.lvvelo.org

Philadelphia/New Jersey Bridge Cycling Access

Commodore Barry Bridge-Cyclists prohibited

Walt Whitman Bridge-Cyclists prohibited

Ben Franklin Bridge-Cyclists permitted (south side 6 a.m. - 7 p.m.)

Betsy Ross Bridge-Cyclists prohibited

Tacony/Palmyra Bridge-Cycles permitted but bicycle must be walked

Burlington/Bristol Bridge-Cyclists prohibited*

*Contact Burlington County for Police to carry Bicycle across bridge. (609) 387-1480.

Transit Company Bicycle Policies

Contact transit company for policy regarding bicycles on buses and trains.

Berks Area Reading Transportation Authority (BARTA), Reading. (610) 921-0601. www.bartabus.com

Southeast Pennsylvania Transit Authority (SEPTA), Philadelphia. (215) 580-7852.

Trans Bridge Lines, Bethlehem, (610) 868-6001.

State Police Troop Headquarters

Troop J – Lancaster	(717) 299-7650
Troop K – Philadelphia	(215) 560-6200
Troop L – Reading	(866) 335-1019 (toll free)
Troop M – Bethlehem	(610) 861-2026

Dutch Country Roads

— PennDOT District Bicycling/Pedestrian Coordinators —

David Holcombe - District 8

Dauphin, Cumberland, Adams, Lebanon, Lancaster, Perry, York and Franklin Co.

2140 Herr Street • Harrisburg, 17103

(717) 783-2560

dholcombe@state.pa.us

— Planning Organizations —

Adams County Planning & Development

Adams County Court House

19 Baltimore Street, Suite 101

Gettysburg, 17325

(717) 337-9824

Contact: Andrew Merkel

amerkel@adamscounty.us

Franklin County Visitors Bureau

14 North Main Street

Chambersburg, 17201

(717) 709-7204

www.explorefranklincountypa.com

**Lancaster County Transportation
Coordinating Committee**

50 North Duke Street

P.O. Box 83480 • Lancaster, 17608

(717) 299-8333

Contact: Lauri Ahlskog

ahlskogl@co.lancaster.pa.us

**Lebanon County Metropolitan
Planning Organization**

Municipal Building Room 206

400 South 8th Street • Lebanon, 17042

(717) 228-4444

Contact: Earl Meyer

lcpd_planning@lebcnty.org

Tri-County Regional Planning Comm.

Dauphin County Veterans Memorial Building

112 Market Street, 2nd Floor

Harrisburg, 17101

(717) 234-2639

Contact: Chip Millard, cmillard@tcrpc-pa.org

**York Area Metropolitan Planning
Organization**

28 East Market Street • York, 17401

(717) 771-9870

Contact: Don Bubb

dbubb@ycpc.org

— Tourism Promotion Agencies & Visitors Bureaus —

Gettysburg Convention and VB

102 Carlisle Street, Gettysburg, 17325

(717) 334-6274

www.gettysburg.travel

Hershey Harrisburg Regional Visitors Bureau

112 Market Street, Harrisburg 17101

(800) 727-8573

www.hersheyharrisburg.org

York County Convention and VB

155 West Market Street • York, 17401

(888) 858-YORK

www.yorkpa.org

**Pennsylvania Dutch Convention
and Visitors Bureau**

501 Greenfield Road • Lancaster, 17601

(800) PA DUTCH

www.padutchcountry.com

AYH Hostels

Ironmaster's Mansion • 1212 Pine Grove Road, Gardners, 17324. (717) 486-7575.

Regional Bicycling Publications

Scenic Tours of Lancaster County, Lancaster Bicycle Club, P.O. Box 535, Lancaster 17608-0535, (717) 396-9299 www.lancasterbikeclub.org

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

BLAIN

Hoover's Bike Shop
RD #1 Box 706
(717) 536-3458

CAMP HILL

***Holmes Cycling and Fitness**
2139 Market Street
(717) 737-3461
www.holmescycling.com

CARLISLE

Cole's Bicycles
327 North Hanover Street
(717) 249-3833
www.colesbicycles.com

CLEONA

In Gear Cycling & Fitness
406 East Penn Avenue (717)
273-4477
www.ingearcycling-fitness.com

EAST EARL

Bicycle Barn
839 Reading Road
(717) 445-8508

Shirks Bicycle Shop

1649 Liglaw Road
(717) 445-5731

ELIZABETHTOWN

Bicycle and Fitness Outfitters
51 South Market Street
(717) 361-8100
www.bicycleoutfitters.com

***Rails to Trails Bike Shop**

411 Hershey Road
(717) 367-7000
www.railstotrail.com

EPHRATA

***Green Mountain Cyclery**
285 South Reading Road
(717) 859-2422

Horning's Bike Shop

536 Martindale Road
(717) 445-4305

Martin's Bike Shop

1891 Division Highway
(717) 354-9127

Weaver's Bike Shop

230 Sheffers School Road
(717) 656-9385

GETTYSBURG

***Gettysburg Cycling & Fitness**
307 York Street
(717) 334-7791

HANOVER

Kessler's Bicycle Center
129 Baltimore Street
(717) 632-9157

HARRISBURG

The Pedal Pusher
3798 Walnut Street
(717) 652-7760

Wildware Outfitters

995 Peiffers Lane
(717) 564-8008
www.wildware.com

HUMMELSTOWN

In Gear Cycling & Fitness
9030 Bridge Road
(717) 566-0455
www.ingearcycling-fitness.com

JACOBUS

The Bike House
10 South Pleasant Avenue
(717) 428-2028

LANCASTER

***Bike Line**
117 Rohrerstown Road
(717) 394-8998
www.bikeline.com

Era Ski & Bike Shop
830 Flory Mill Road
(717) 560-9000
www.erapro.com

The Cycle Circle
131 North Plum Street
(717) 295-3193
www.tompodcycles.com

Lancaster Bicycle Shop
1138 Manheim Pike
(717) 299-9445
www.lancasterbicycle-shop.com

LEBANON
Deluxx Bicycles
765 Cumberland Street
(717) 274-2508

LEOLA
Spinners Cycling
357 West Main Street
(717) 656-0072
www.spinnerscycling.com

MECHANICSBURG
**Mountainside Ski
and Sports**
5142 Trindle Road
(717) 697-2063 www.moun-
tainsideski-sports.com

World Cup Ski & Cycle
4500 Old Gettysburg Rd
(717) 730-9402
www.worldcupskiandcycle.com

NEW FREEDOM
Whistle Stop Bike Shop
2 East Franklin Street
(717) 227-0737

PALMYRA PA
Downhill From Here
1010 E. Main Street
(717) 838-2274

QUARRYVILLE
Full Circle Bike Shop
4 South Lime Street
(717) 786-9255

SHIPPENSBURG
B & H Bikes
44 East King Street
(717) 532-9624

Merv's Bike Shop
300 Firehouse Road
(717) 776-4177
www.mervsbikeshop.com

STEVENS
Jack's Bicycle Shop
525 Hopeland Road
(717) 733-6042

WRIGHTSVILLE
The Cycle Works
206 Hellam Street
(717) 252-9059

YORK
Gung Ho Bike Shop
1815 Susquehanna Trail
(717) 852-9553

Regional Bicycle Tours and Events

- April** **Pennsylvania State Police Metric Century** • The rides will tour the picturesque Hershey area and the pastoral Lebanon Valley of Pennsylvania, including Mt. Gretna, and Ft. Indiantown Gap. Full, half and quarter metric options plus a 6 mile family-friendly ride. Sponsored by the Harrisburg Bicycle Club, 717-975-9879, 1101 Bridge Street, New Cumberland PA 17003, [www.pspmetriccentury.com](http://pspmetriccentury.com) <<http://pspmetriccentury.com/>>
- May** **Clean Air Challenge** • Annual event benefiting the American Lung Association. 6041 Linglestown Road, Harrisburg, 17112. (717) 845-5864. www.lungusa.org
- May** **Horse Farm Tour** • Rides of 10-50 miles on flat to rolling terrain from South Street Park, McSherrystown. Hanover Cyclers, 129 Baltimore Street, Hanover, 17331. (717) 225-4194. www.adventurecycling.com
- June** **Kutztown and Strasburg Eastern Loop** • 175 miles of rolling to very hilly terrain. No sag! Harrisburg Bike Club, 1554 Locust Street, New Cumberland, 17070. (717) 975-9879. www.harrisburgbicycleclub.org
- June** **MS 150 Pennsylvania Dutch Bike Tour** • Ride through exhilarating PA Dutch Country next to Amish horse drawn carriages and through Covered bridges in one of the most challenging and rewarding bike tours. Sponsored by National Multiple Sclerosis Society Greater Delaware Valley Chapter, One Reed Street, Suite 200, Philadelphia, 19147. (800) 445-2453.
- June** **Lebanon Cycling Classic** • 2-day, 3-race road bike series. Lebanon Valley VELO. Sponsored by King of the Mountain Bikes, 820 Cumberland Street, Lebanon. (717) 273-9499.
- June** **Tour de Belt** • 20 mile ride around Capitol Area Greenbelt. Capitol Area Greenbelt Association, P.O. Box 15405, Harrisburg, 17105. (717) 921-4733. www.caga.org
- July** **Dream Ride Lancaster** • 10, 20, 30, 62.5, 100 mile tours from Riverview Elementary in Marietta to raise money for local charities. Dream Ride Projects PO Box 141 Lancaster, 17608. (717) 397-2503. www.dreamrideprojects.org
- July** **Start To Finish MS Bike Ride** • Two-day, 25, 50, 75, 100-mile rides to raise money for Multiple Sclerosis Society. Pledges required. National MS Society, 2040 Linglestown Road, Harrisburg, 17110. (717) 652-2108.
- August** **Covered Bridge Metric Century** • Full, half and quarter metric centuries through scenic Lancaster County. Lancaster Bicycle Club, P.O. Box 535, Lancaster, 17608. (717) 396-9299.
- August** **Nightmare Tour** • Grueling 177 miles around the perimeter of Lancaster County. Lots of Hills. Dream Ride Projects PO Box 141 Lancaster, 17608. (717) 397-2503.
- September** . . **Labor Day Century** • Routes of 25, 50, 62 and 100 miles from South Street Park, McSherrystown. Flat to rolling! Hanover Cyclers, 129 Baltimore Street, Hanover, 17331. (717) 225-4194.
- September** . . **Three Creek Century** • A scenic bike tour through Cumberland County that begins at Letort Park in Carlisle. Ride options include 100, 75, 50 and 25 miles. Annual event by Harrisburg Bike Club, 1011 Bridge Street, New Cumberland, 17070. (717) 975-9879.

Dutch Country Roads Bicycle Clubs

Hanover Cyclers • 129 Baltimore Street, Hanover, 17331. (717) 225-4194.
www.adventure-cycling.com

Harrisburg Bicycle Club • 1011 Bridge Street, New Cumberland, 17070. (717) 975-9879.
www.harrisburgbicycleclub.org

Lancaster Bicycle Club • P.O. Box 535, Lancaster, 17608. (717) 396-9299.
www.lancasterbikeclub.org

Lebanon Valley Bike Club • 121 Lawn Road, Palmyra, 17078. (717) 832.0105.
www.lebanonvalleybicycleclub.net

Trail and Rail-Trail Organizations

Borough of Ephrata • (Ephrata Railroad Linear Park Trail), 124 South State Street Ephrata, 17522. (717) 738-9270. www.ephrataboro.org

Capital Area Greenbelt Association • (Capital Area Greenbelt), P.O. Box 15405, Harrisburg, 17105. (717) 921-4733

Cumberland Valley Rails-to-Trails Council • (Cumberland Valley Trail), P.O. Box 531, Shippensburg, 17257. (717) 860-0444. www.cvrtrc.org

Lancaster Co. Parks & Recreation • (Conewago & Lancaster Junction Trails), 1050 Rockford Rd, Lancaster, 17602. (717) 299-8125. www.co.lancaster.pa.us/parks

Lebanon Valley Rails to Trails • P.O. Box 2043, Cleona, 17042. www.lvrailtrail.com

LeTort Regional Authority • (LeTort Spring Run Nature Trail), 415 Franklin St., Carlisle, 17013. (717) 245-0508. www.letort.org

Schuylkill River Greenway Association • (Thun Trail), 140 College Drive, Pottstown, 19664. (484) 945-0200. www.schuylkillriver.org

York County Rail-Trail Authority • (York Heritage Trail), RD8 Box 438A, York, 17403. (717) 428-2586 www.yorkcountyrailtrails.org

Dutch Country Roads State Parks with

Shared Use Paths and Federal Public Lands

Caledonia State Park
101 Pine Grove Road
Fayetteville 17222
(717) 352-2161

Gifford Pinchot State Park
2200 Rosstown Road
Lewisberry 17339
(717) 432-5011

Swatara State Park
c/o Memorial Lake State
Park
R.R. 1, Box 7045
Grantville 17028
(717) 865-6470

Codorus State Park
2600 Smith Avenue
Hanover 17331
(717) 637-2816

**Pine Grove Furnace
State Park**
Cumberland
Hiker-Biker Trail
1100 Pine Grove Road

French Creek State Park
843 Park Road
Elverson 19520
(610) 582-9680

Gardners 17324
(717) 486-7174

Dutch Country Roads State Forests

Buchanan State Forest
440 Buchanan Trail
McConnellsburg 17233
(717) 485-3148

Michaux State Forest
10099 Lincoln Way East
Fayetteville 17222
(717) 352-2211

Tuscarora State Forest
RR 1, Box 486
Blain 17006
(717) 536-3191

Transit Company Bicycle Policies

Contact transit company for policy regarding bicycles on buses

Capitol Area Transit (CAT), Harrisburg, (717) 238-8304. www.cattransit.org

Capitol Trailways, Harrisburg, (717) 233-7673. www.capitoltrailways.com

Red Rose Transit Authority, Lancaster, (717) 397-4246 www.redrosetransit.com

York Co Transportation Authority, York, (717) 846-5562 www.rabbittransit.org

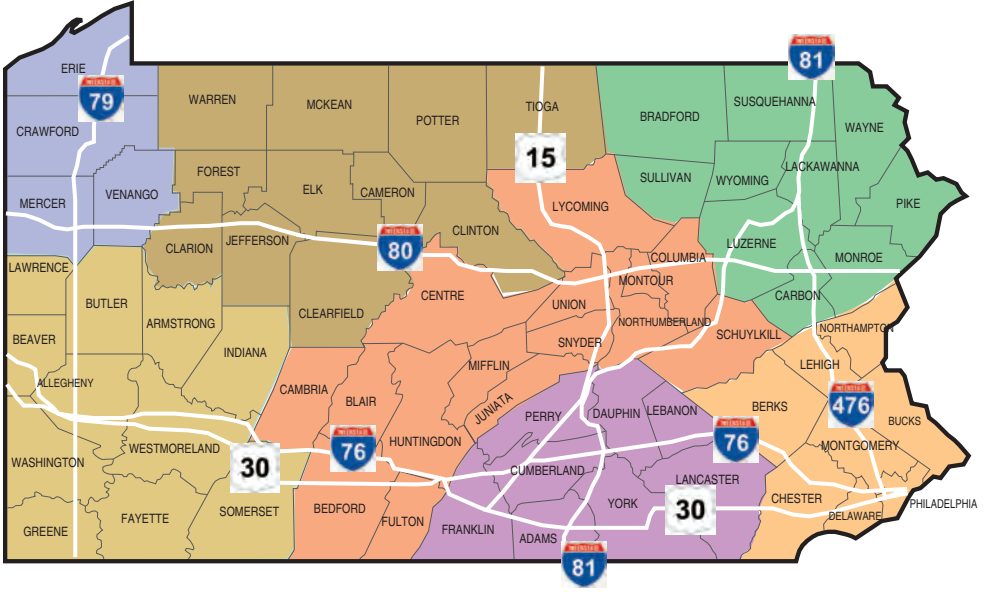
State Police Troop Headquarters

Troop H – Harrisburg(717) 671-7500

Troop J - Lancaster(717) 299-7650

Troop T - Highspire(717) 939-9551, ext 4290

Pennsylvania's Seven Regions



 **Great Lakes**

 **Allegheny Mountains and Her Valleys**

 **Pittsburgh & Its Countryside**

 **Philadelphia & the Countryside**

 **Dutch Country Roads**

 **Northeastern Mountains**

 **PA Wilds**